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LACROSSE



WELCOME

A Message from the Coach



Welcome to James Madison University lacrosse. As the head lacrosse coach it is with great pride that I share our nationally-ranked program and university with you. It is an honor and privilege to be the head coach of my alma mater. The opportunity to come back to JMU has been a dream come true.

Entering my sixth year back at JMU, the school has grown, the town has grown with it, but the feeling you get being on this campus and the sense of community still remains the same. JMU has always valued every individual on its campus and creates an

environment like no other university to learn and grow as a person. Student-athletes have an excellent support system surrounding them with our coaches, student-athletes services staff, strength and conditioning, sports medicine, sports psychology, sports media and administrative staff. They work tirelessly to coordinate their efforts to provide the best possible experience for the JMU student-athlete. "All Together One" is the JMU motto, and it is truly what our student-athletes experience.

JMU encourages a well balanced person and will challenge every aspect of the student-athlete -- academically, athletically and socially. JMU goes beyond the student and teaches about social responsibility within the community and prepares you for any obstacle you may face in the future. The university has established itself with national recognitions in many academic categories and is always evolving to chase its goal of being the best undergraduate university in the nation.

As the coach, I am looking to recruit hard-working individuals who are team players and are committed to being the very best they can be both on the field and in the classroom. Our goal is to win the CAA conference annually and compete for the national championship. We are excited about the future of JMU lacrosse and hope you will join us.

Shelley Klaes-Bawcombe
Head Lacrosse Coach



2012 Schedule

February

- 23 at California, 8 p.m.
- 25 at Stanford, 4 p.m.
- 29 **Virginia Tech, 4 p.m.**

March

- 4 at Fairfield, 1 p.m.
- 6 at Harvard, 3:30 p.m.
- 10 **Richmond, 1 p.m.**
- 17 **Loyola, 1 p.m.**
- 21 at Virginia, 7 p.m.
- 24 **Maryland, 4 p.m.**
- 31 **George Mason*, 1 p.m.**

April

- 6 **Hofstra*, 6 p.m.**
- 8 **Drexel*, 1 p.m.**
- 13 **William and Mary*, 6 p.m.**
- 15 at Old Dominion*, 1 p.m.
- 20 at Delaware*, 5 p.m.
- 22 at Towson*, 1 p.m.
- 27 CAA Tournament Semifinals (#1 seed hosts)
- 29 CAA Tournament Championship (#1 seed hosts)

Home games in **boldface**

Starting times are ET

*Colonial Athletic Association opponent

NCAA Tournament dates available at NCAASports.com

Game dates and times are subject to change. Go to JMUSports.com for updated information.

COACHING STAFF

Shelley Klaes-Bawcombe

Head Coach
JMU '97

- womenslacrosse.com National Coach of the Year 2010
- U.S. Lacrosse Greater Baltimore Chapter Hall of Fame 2010
- CAA Coach of the Year 2005, 2010
- Virginia Coach of the Year 2010, 2011
- Teams consistently ranked in the national top 20 last eight years (high of #5)
- CAATournament champion 2010, 2011
- CAATournament runner-up 2005, 2006, 2007
- CAA regular-season leader 2005, 2010, 2011
- 12 All-Americans
- One CAA Player of the Year, four CAA Defenders of the Year, three CAA Rookies of the Year
- 19 All-CAA first team selections and 34 total All-CAA selections
- Five IWLCA National Academic Squads (2004, 2005, 2007, 2008, 2009)
- NCAA Division I Championships Committee 2008-10
- U.S. National Team selector 2007-09
- JMU record is 57-32 (5 seasons)
- Career record is 107-67 (10 seasons)

As a player:

- JMU Athletics Hall of Fame (2010)
- Two NCAA Tournament teams (1995, 1997)
- Two-time All-America (1996, 1997)
- Two-time All-CAA (1996, 1997)
- CAA champion (1997)
- Formerly held school records for career assists (71), goals by a senior (48) and season points (71)
- Currently ranks in the top 11 in three JMU career categories, including fifth in assists (71), seventh in points (196) and 11th in goals (125)



COACHING STAFF



Katie Linnertz

**Assistant Coach
George Mason '07**

- CAA Tournament champion (2011)
- America East champion (Boston University) (2008, 2009, 2010)
- NCAA Tournament (2008, 2009, 2010 at BU, 2011 at JMU)

As a player

- North-South Senior All-Star Game (2007)
- All-Colonial Athletic Association (2005)
- IWLCA Academic Honor Roll (2005, 2006)
- CAA Commissioners Academic Award two years
- Two-time team captain
- Ranks fifth all-time at Mason in caused turnover average
- Member of Mason teams that ranked among the top five nationally in caused turnover average for three seasons
- Dean's List & Athletic Director's Honor Roll throughout career

Meg Dentler

**Assistant Coach
George Mason '05**

- CAA Tournament champion (2010, 2011)
- NCAA Tournament (2010, 2011)

As a player

- CAA 25th Anniversary Team
- Two-time All-America goalkeeper (2004, 2005)
- CAA Player of the Year 2005
- CAA Rookie of the Year 2002
- Four-time All-CAA (2002-05)
- Mason career leader in saves (855) and save percentage (.572)



THIS IS JMU LACROSSE



Our 44th season in 2012!



**Building relationships
that will last a lifetime**

THIS IS JMU LACROSSE



Recognize our coaches?

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**Nuns That Want
to Have Fun**

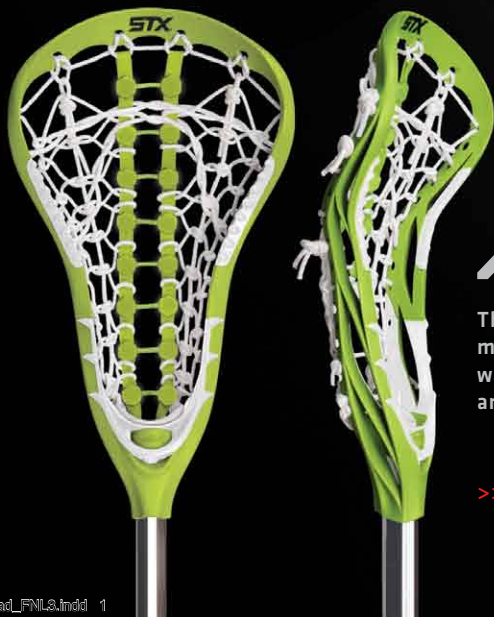


Tacky Tourists



ATTACK

THE FIELD



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COMMUNITY SERVICE



The lacrosse team, pictured here with Elle Howdershell from the Friends of Jaclyn program, won JMU Athletics' Team Community Service Award in 2010 and was a finalist for the prestigious honor in 2009 and 2011.

Alisa Konishi (pictured at right) has been the lacrosse team's Community Service Committee Chair since 2009.

"We graduate student athletes who are ready to make an impact in the community." -- Coach Shelley Klaes-Bawcombe



ACADEMIC EXCELLENCE

Teams with a collective grade-point average of 3.0 or above are honored by the Intercollegiate Women's Lacrosse Coaches Association as an IWLCA Academic Squad. JMU has earned this award five times in the last nine years, including 2007, 2008 and 2009.



Alisa Konishi



Caitlin McHugh

IWLCA Academic Squad

2003
2005
2007
2008
2009

Juniors and seniors with a grade-point average of 3.2 or above are named to the IWLCA Academic Squad Honor Roll. JMU players have earned that recognition 23 times since 2000. Recipients from the 2010 team include Alisa Konishi, Caitlin McHugh and Caitlin Sullivan.



Caitlin Sullivan

ATHLETES



#10 Alex Menghetti

Redshirt Sr. Goalkeeper
Media, Pa.

Major: Physical education (coaching)
Minor: Business

- Among NCAA leaders in goals-against average 2011
- Two-time All-Delco Honorable Mention at Penncrest H.S.
- All-Star selection at USWLA National Tournament 2007
- Defensive MVP of the 2005 Lax.com Midwest Showcase while playing for Phantastix club

"My favorite memory from our NCAA Tournament appearances was the last seconds of play, when you get that feeling of a team accomplishment, and hugging all your teammates and congratulating them!"

| Career | GP-S | Mins | Sv | GA | Avg | Pct | GB |
|---------------|--------------|----------------|------------|------------|------------|-------------|-----------|
| 2009-Fr. | 10-9 | 480:41 | 56 | 97 | 12.11 | .366 | 17 |
| 2010-So. | 2-0 | 24:42 | 1 | 2 | 4.86 | .333 | 2 |
| 2011-Jr. | 19-19 | 1038:20 | 95 | 155 | 8.96 | .380 | 40 |
| Totals | 31-28 | 1543:43 | 152 | 254 | 9.9 | .374 | 59 |



#5 Annie Brophy

Sr. Midfielder
Berwyn, Pa.

Major: Media arts & design
Minor: Studio art; writing, rhetoric, and technical communications

- All-CAA 2011
- CAA Commissioner's Academic Award three years
- U.S. Lacrosse All-America at Archbishop Carroll H.S.
- Member of four Catholic League champion teams at Archbishop Carroll
- Played with Phantastix club

"The coolest place I have ever traveled to is Ireland!"

| Career | GP-GS | G | A | Pts | GB | CT | Dr |
|---------------|--------------|-----------|-----------|-----------|-----------|-----------|-----------|
| 2009-Fr. | 16-0 | 6 | 0 | 6 | 12 | 6 | 7 |
| 2010-So. | 20-15 | 8 | 6 | 14 | 22 | 9 | 12 |
| 2011-Jr. | 19-19 | 5 | 5 | 10 | 29 | 16 | 16 |
| Totals | 55-34 | 19 | 11 | 30 | 63 | 31 | 35 |



#12 Cally Chakrian

Sr. Defender
East Meadow, N.Y.

Major: Physical education (coaching)

- All-South 2010, 2011
- All-CAA 2010, 2011
- Leading scorer at East Meadow H.S.
- Senior All-Star Game at USWLA National Tournament
- Member of New York I team that won USWLA national championship

"If I could have any super power it would be flying. I love that feeling of being free, and I wouldn't have to spend so much money on gas."

| Career | GP-GS | G | A | Pts | GB | CT | Dr |
|---------------|--------------|----------|----------|----------|-----------|-----------|------------|
| 2009-Fr. | 16-15 | 0 | 1 | 1 | 26 | 13 | 24 |
| 2010-So. | 20-20 | 0 | 0 | 0 | 27 | 13 | 36 |
| 2011-Jr. | 19-19 | 2 | 1 | 3 | 25 | 17 | 42 |
| Totals | 55-54 | 2 | 2 | 4 | 78 | 43 | 102 |

ATHLETES



#8 Ashley Kimener

Sr. Midfielder
Oakton, Va.

Major: Psychology
Minor: Criminal justice

- CAA All-Rookie Team 2009
- Three-time U.S. Lacrosse All-America at three-time state champion Oakton H.S.
- National Schoolgirls Tournament three years
- Played with Capital club 2007 and Future Elite club 2006

"My favorite memory from our NCAA Tournament appearances was in 2010 when we played Syracuse in the Elite Eight, and the sophomores made up a rap about Syracuse in the locker room to get us all pumped up for the game."

| Career | GP-GS | G | A | Pts | GB | CT | Dr |
|---------------|--------------|-----------|----------|-----------|-----------|-----------|-----------|
| 2009-Fr. | 16-10 | 16 | 3 | 19 | 13 | 6 | 16 |
| 2010-So. | 20-3 | 15 | 2 | 17 | 11 | 11 | 22 |
| 2011-Jr. | 19-19 | 23 | 3 | 26 | 21 | 11 | 20 |
| Totals | 55-32 | 54 | 8 | 62 | 45 | 28 | 58 |



#18 Ariel Lane

Sr. Attacker
Vero Beach, Fla.

Major: Nursing

- CAA All-Tournament Team 2011
- CAA Commissioner's Academic Award two years
- Two-time U.S. Lacrosse All-America at three-time state champion Vero Beach H.S.
- Vero Beach Press Journal Player of the Year
- Played with Team Stickbenders and Team FLC club teams

"My favorite place to eat on campus is Mrs. Green's, because it's all you can eat and they have the best cookies!"

| Career | GP-GS | G | A | Pts | GB | CT | Dr |
|---------------|--------------|-----------|-----------|-----------|-----------|-----------|-----------|
| 2009-Fr. | 8-0 | 3 | 2 | 5 | 1 | 0 | 1 |
| 2010-So. | 20-19 | 41 | 7 | 48 | 11 | 5 | 12 |
| 2011-Jr. | 19-19 | 34 | 7 | 41 | 13 | 6 | 28 |
| Totals | 47-37 | 78 | 16 | 94 | 25 | 11 | 41 |



#6 Caitlin McHugh

Sr. Midfielder
Westminster, Md.

Major: Health sciences (health studies)

- IWLCA Academic Honor Roll 2011
- CAA Commissioner's Academic Award three years
- Team leader in goals and assists two years at Mercy H.S.
- Played two years on Mid-Atlantic III at USWLA National Tournament
- Rome club team member for six years

"The best part of winning the CAA championship was sharing that moment with my teammates and realizing that all of our hard work finally paid off."

| Career | GP-GS | G | A | Pts | GB | CT | Dr |
|---------------|--------------|-----------|----------|-----------|-----------|-----------|-----------|
| 2009-Fr. | 15-2 | 6 | 0 | 6 | 6 | 7 | 5 |
| 2010-So. | 20-17 | 18 | 0 | 18 | 12 | 8 | 32 |
| 2011-Jr. | 19-19 | 20 | 7 | 27 | 20 | 13 | 23 |
| Totals | 54-38 | 44 | 7 | 51 | 38 | 28 | 60 |

ATHLETES



#13 Alex Napoli

Sr. Attacker
Highland, Md.

Major: Health science (health studies)
Minor: Medical Spanish

- CAA Commissioner's Academic Award two years
- Three-time All-Howard County at River Hill H.S.
- Scored 108 career goals
- Member of M&D club team that won Vail and Charm City tournaments

"The best non-lacrosse thing about JMU is knowing that JMU is where I would have chosen to go with or without lacrosse. Every person who goes to JMU bleeds purple through and through and that's awesome!"

| Career | GP-GS | G | A | Pts | GB | CT | Dr |
|---------------|-------------|-----------|----------|-----------|----------|----------|----------|
| 2009-Fr. | 3-0 | 0 | 0 | 0 | 1 | 0 | 1 |
| 2010-So. | 15-0 | 10 | 4 | 14 | 3 | 1 | 3 |
| 2011-Jr. | 10-0 | 3 | 0 | 3 | 4 | 1 | 1 |
| Totals | 28-0 | 13 | 4 | 17 | 8 | 2 | 5 |



#25 Monica Zabel

Sr. Attacker
Ellicott City, Md.

Major: International affairs
Minor: Spanish

- CAA assist leader 2011
- CAA Commissioner's Academic Award
- All-Metro Baltimore Sun and All-Metro Washington Post at Mt. Hebron H.S.
- Member of three state champion teams at Mt. Hebron
- M&D club team member for six years

"The best non-lacrosse thing about JMU is the Quad and the JMU atmosphere. I have never met a mean person at JMU. Everyone is always so friendly, and I love the fact that it is contagious!"

| Career | GP-GS | G | A | Pts | GB | CT | Draws |
|---------------|--------------|-----------|-----------|------------|-----------|-----------|-----------|
| 2009-Fr. | 16-15 | 13 | 12 | 25 | 18 | 14 | 39 |
| 2010-So. | 20-20 | 15 | 33 | 48 | 21 | 7 | 31 |
| 2011-Jr. | 19-19 | 21 | 27 | 48 | 24 | 11 | 29 |
| Totals | 55-54 | 49 | 72 | 121 | 63 | 32 | 99 |



#7 Casey Ancarrow

Redshirt Jr. Attacker
Jarrettsville, Md.

Major: Justice studies (social justice, global justice)
Minor: Religion

- U.S. National Team 2010-11 & 2011-12
- IWLCA All-America 2011
- Tewaaron Trophy nominee 2011
- Two-time All-America at nationally top-ranked John Carroll H.S.
- Regional All-Tewaaron Team (Baltimore-Washington area)
- John Carroll won IAAM conference championships two years

"My favorite memory from our NCAA Tournament appearances was beating Stanford to make it to the Elite Eight in 2010."

| Career | GP-GS | G | A | Pts | GB | CT | Dr |
|---------------|--------------|-----------|-----------|------------|-----------|-----------|-----------|
| 2009-Fr. | 4-4 | 10 | 2 | 12 | 5 | 2 | 6 |
| 2010-Fr. | 20-20 | 31 | 22 | 53 | 14 | 7 | 26 |
| 2011-So. | 19-19 | 43 | 16 | 59 | 24 | 8 | 22 |
| Totals | 43-43 | 84 | 40 | 124 | 43 | 17 | 54 |

ATHLETES



#20 Alisa Konishi

Redshirt Jr. Goalkeeper
Littleton, Colo.

Major: Communication science and disorders
Minor: Exceptional education (non-teaching)

- IWLCA Academic Honor Roll 2011
- CAA Commissioner's Academic Award two years
- U.S. Lacrosse All-America at J.K. Mullen H.S.
- Honors graduate
- Her Team 180 club team won under-17 championship at Vail Shootout

"My favorite place to eat on campus is Festival, because of the beautiful view of the valley from the dining area."

| Career | GP-GS | Min | Sv | GA | GAA | Sv Pct | GB |
|---------------|-------------|---------------|-----------|-----------|-------------|-------------|----------|
| 2010-Fr.-r | 5-0 | 61:44 | 6 | 13 | 12.63 | .316 | 2 |
| 2011-So.-r | 8-0 | 113:26 | 8 | 8 | 4.23 | .500 | 4 |
| Totals | 13-0 | 175:10 | 14 | 21 | 7.19 | .400 | 6 |



#22 Rebecca McLouth

Redshirt Jr. Midfielder
Cincinnati, Ohio

Major: Sport and recreation management
Minor: Business

- Two-time All-America at Sycamore H.S.
- Team leader in goals (70) her senior season
- Rome club team member for six years

"The best non-lacrosse thing about JMU is you can be involved in many different things and you can have many different groups of friends. It's technically a large school but it feels like our own little world in a bubble."

| Career | GP-GS | G | A | Pts | GB | CT | Dr |
|---------------|-------------|-----------|----------|-----------|----------|----------|-----------|
| 2010-Fr.-r | 12-0 | 6 | 2 | 8 | 5 | 2 | 2 |
| 2011-So. | 19-0 | 10 | 0 | 10 | 4 | 3 | 8 |
| Totals | 31-0 | 16 | 2 | 18 | 9 | 5 | 10 |



#17 Kelsey MacDonald

Jr. Midfielder
Glyndon, Md.

Major: International affairs

- CAA All-Rookie Team 2010
- All-America honorable mention at Bryn Mawr H.S.
- Selected for Mid-Atlantic team for US Lacrosse National Tournament two years
- Played with TLC club

"My favorite memory from our NCAA Tournament appearances was being able to play against the best players in the country and staying at school after the semester classes had ended."

| Career | GP-GS | G | A | Pts | GB | CT | Dr |
|---------------|--------------|----------|----------|----------|-----------|-----------|-----------|
| 2010-Fr. | 20-0 | 3 | 0 | 3 | 8 | 7 | 6 |
| 2011-So. | 19-19 | 1 | 0 | 1 | 8 | 4 | 4 |
| Totals | 39-19 | 4 | 0 | 4 | 16 | 11 | 10 |

ATHLETES



#16 Amanda Mathews

Jr. Defender
Ellicott City, Md.

Major: Kinesiology (exercise science)

• Two-time first team All-Howard County at regional champion Centennial H.S.

• Member of M&D club team that won Galaxy League tournament

"The best non-lacrosse thing about JMU is how pretty our campus always looks. It reminds me every day why I chose JMU."

| Career | GP-GS | G | A | Pts | GB | CT | Dr |
|---------------|--------------|----------|----------|----------|-----------|-----------|-----------|
| 2010-Fr. | 9-0 | 0 | 0 | 0 | 4 | 1 | 0 |
| 2011-So. | 18-17 | 0 | 0 | 0 | 16 | 12 | 11 |
| Totals | 27-17 | 0 | 0 | 0 | 20 | 13 | 11 |



#31 Nicole Stiles

Jr. Defender
Mooreville, N.C.

• All-Western Conference at Lake Norman H.S.

• Formerly a three-year player at John Jay H.S. (South Salem, N.Y.)

"My favorite place to eat on campus is E-Hall because I can never eat just one thing, and E-Hall satisfies my need for a variety of different flavors. YUMMYYYY!"

| Career | GP-GS | G | A | Pts | GB | CT | Dr |
|---------------|------------|----------|----------|----------|----------|----------|----------|
| 2010-Fr. | 3-0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Totals | 3-0 | 0 | 0 | 0 | 0 | 0 | 0 |



#14 Megan Piotrowicz

Redshirt So. Attacker
Plymouth Meeting, Pa.

Major: Communication studies (interpersonal communication)

Minor: Coaching

• CAA All-Rookie Team 2011

• Three-time All-Suburban One League at Plymouth Whitemarsh H.S.

• Team scoring leader three seasons with career totals of 209 goals and 50 assists

• Played with Phantastix Elite club

"The coolest place I have ever traveled to is the Colorado River in the Grand Canyon. My family went whitewater rafting down the river, and it was an amazing sight to see."

| Career | GP-GS | G | A | Pts | GB | CT | Dr |
|---------------|-------------|----------|----------|----------|----------|----------|----------|
| 2011-Fr. | 10-0 | 3 | 4 | 7 | 2 | 0 | 1 |
| Totals | 10-0 | 3 | 4 | 7 | 2 | 0 | 1 |

ATHLETES



#17 Meghan Eshleman

So. Attacker
Arnold, Md.

- Three-time all-county at two-time East Region state finalist Broadneck H.S.
- Played with Maryland United and CClax Black clubs

"The best non-lacrosse thing about JMU is everyone is really nice, so I was able to make friends outside of my team."

| Career | GP-GS | G | A | Pts | GB | CT | Dr |
|---------------|------------|----------|----------|----------|----------|----------|----------|
| 2011-Fr. | 2-0 | 1 | 0 | 1 | 0 | 0 | 1 |
| Totals | 2-0 | 1 | 0 | 1 | 0 | 0 | 1 |



#27 Julianne Giles

So. Attacker
Ellicott City, Md.

Major: Psychology

- All-America at state champion Mt. Hebron H.S.
- Played for M&D Black club team

"My favorite memory of our NCAA Tournament appearances was the pre-game locker room dance parties."

| Career | GP-GS | G | A | Pts | GB | CT | Dr |
|---------------|------------|----------|----------|----------|----------|----------|----------|
| 2011-Fr. | 8-0 | 0 | 1 | 1 | 2 | 0 | 4 |
| Totals | 8-0 | 0 | 1 | 1 | 2 | 0 | 4 |



#4 Abby Hendrix

So. Defender, Midfielder
Charlottesville, Va.

Major: Hospitality management

- All-Region and all-county at Albemarle H.S.
- District Player of the Year on Albemarle's state champion volleyball team

"My favorite memory about our NCAA Tournament appearances was how much closer we came together as a team. With an entire week to just hang out and practice together, we all became a lot closer, and I felt like we grew as a team."

ATHLETES



#21 Leah Perrotta

So. Defender
Forest Hills, Md.

Major: Public health education

- CAA Commissioner's Academic Award
- Three-time all-county at state champion Fallston H.S.
- Played for North East Maryland Select club team

"My favorite memory from our NCAA Tournament appearances was singing the national anthem as a team before the Princeton game because the sound system wasn't working."

| Career | GP-GS | G | A | Pts | GB | CT | Dr |
|---------------|-------------|----------|----------|----------|----------|----------|----------|
| 2011-Fr. | 15-0 | 0 | 0 | 0 | 4 | 3 | 4 |
| Totals | 15-0 | 0 | 0 | 0 | 4 | 3 | 4 |



#33 Shelby Robinson

So. Midfielder
Midlothian, Va.

Major: Marketing

- Member of LIS state champion team at Collegiate H.S.
- Played for Geronimo club

"My favorite place to eat on campus is Festival because I can have a burger and a crepe in one sitting."

| Career | GP-GS | G | A | Pts | GB | CT | Dr |
|---------------|------------|----------|----------|----------|----------|----------|----------|
| 2011-Fr. | 2-0 | 0 | 0 | 0 | 1 | 0 | 0 |
| Totals | 2-0 | 0 | 0 | 0 | 1 | 0 | 0 |



#26 Amy Roguski

So. Midfielder
Sykesville, Md.

Major: Early childhood education

- Three-time all-county at three-time county champion Liberty H.S.
- Played for Hero's club team

"My favorite place to eat on campus is E-Hall because of the gourmet food that they serve."

| Career | GP-GS | G | A | Pts | GB | CT | Dr |
|---------------|-------------|----------|----------|----------|----------|----------|----------|
| 2011-Fr. | 13-0 | 4 | 0 | 4 | 2 | 0 | 1 |
| Totals | 13-0 | 4 | 0 | 4 | 2 | 0 | 1 |

ATHLETES

#23 Mary Jane Toohey

So. Defender
Lutherville, Md.

- Played at two-time IAAM "A" state champion McDonogh H.S.
- Played for M&D club team that won national championship

"The best part of winning the CAA championship was watching the seniors end their four years at JMU with an incredible amount of pride and sense of accomplishment."

| Career | GP-GS | G | A | Pts | GB | CT | Dr |
|---------------|------------|----------|----------|----------|----------|----------|----------|
| 2011-Fr. | 2-0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Totals | 2-0 | 0 | 0 | 0 | 0 | 0 | 0 |



#28 Emily Rhoads

Redshirt Fr. Midfielder
Alexandria, Va.

Major: Communications

- All-America at two-time league champion St. Stephens & St. Agnes H.S.
- Played for Metro D.C. Team in National Schoolgirls Tournament

"If I could have any super power it would be being able to go from one place to another instantly."



#19 Kaci Starkloff

Redshirt Fr. Midfielder
Bel Air, Md.

Major: Physical and health education teacher education

- Three-time all-county at Bel Air H.S.
- Played for North East Maryland Select club

"My favorite memory from our NCAA Tournament appearance was it was the best feeling besides winning the CAA championship. The excitement for being in the tournament was amazing, and I can't wait to experience it again."

| Career | GP-GS | G | A | Pts | GB | CT | Dr |
|---------------|------------|----------|----------|----------|----------|----------|----------|
| 2011-Fr. | 5-0 | 0 | 0 | 0 | 1 | 0 | 1 |
| Totals | 5-0 | 0 | 0 | 0 | 1 | 0 | 1 |



ATHLETES



#32 Lexi Cross

Fr. Defender
Marriottsville, Md.

Major: Interdisciplinary liberal studies

- Three-time all-conference and all-county at region semifinalist Liberty H.S.
- Played for Check-Hers Elite club that won national championship

"The accomplishment of which I am proudest is being invited to try out for the U.S. Under-19 National Team."



#11 Ali Curwin

Fr. Midfielder
Pittsford, N.Y.

Major: Early childhood education

- All-America at state runner-up Pittsford Sutherland H.S.
- Played for Relentless Hustle club
- Member of two silver-medalist teams at Empire State Games

"I chose to come to JMU because of the atmosphere, the people and the beauty."



#3 Steph Finley

Fr. Midfielder
Media, Pa.

- Three-time all-conference at conference playoff participant Sacred Heart School
- Played for Phantastix Purple club

"My favorite lacrosse memory was scoring the winning goal for my high school team when we beat the number one team in overtime."

ATHLETES



#30 Schylar Healy

Fr. Goalkeeper
Eldersburg, Md.

- Three-time all-conference and all-county at region semifinalist Liberty H.S.
- Won All-Galaxy honors playing for M&D Black club

"I chose to come to JMU because I loved the enthusiasm the coaches and players all have for the game. JMU was the all-round perfect fit, both academically and lacrosse-wise, for me!"



#29 Hannah Verschoore

Fr. Defender
Bel Air, Md.

- Three-year starter for IAAM champion John Carroll H.S.
- Played for Skywalkers 2011 Blue club
- National Schoolgirls Tournament two years

"The best piece of advice I've received is the three-second rule. If you mess up, think about it for three seconds and then forget about it and move on."



#15 Jordan Wilkins

Fr. Midfielder
Finksburg, Md.

Major: Psychology

- All-state at two-time state runner-up Westminster H.S.
- Played for national champion Check-Hers club

"My favorite lacrosse memory was winning club national and having fun with my team."

ROSTER

| No. | Name | Elig. | Ht. | Position | Hometown | High School/Last School |
|-----|-------------------|-------|------|----------|-----------------------|--------------------------|
| 3 | Steph Finley | Fr. | 5-5 | M | Media, Pa. | Sacred Heart |
| 4 | Abby Hendrix | So. | 5-6 | M | Charlottesville, Va. | Albemarle |
| 5 | Annie Brophy | Sr. | 5-1 | M | Berwyn, Pa. | Archbishop Carroll |
| 6 | Caitlin McHugh | Sr. | 5-6 | M | Westminster, Md. | Mercy |
| 7 | Casey Ancarrow | Jr.-r | 5-5 | A | Jarrettsville, Md. | John Carroll |
| 8 | Ashley Kimener | Sr. | 5-7 | M | Oakton, Va. | Oakton |
| 9 | Kelsey MacDonald | Jr. | 5-6 | M,D | Glyndon, Md. | Bryn Mawr |
| 10 | Alex Menghetti | Sr.-r | 5-4 | G | Media, Pa. | Penncrest |
| 11 | Ali Curwin | Fr. | 5-5 | M | Pittsford, N.Y. | Pittsford Sutherland |
| 12 | Cally Chakrian | Sr. | 5-4 | D | East Meadow, N.Y. | East Meadow |
| 13 | Alex Napoli | Sr. | 5-2 | A | Highland, Md. | River Hill |
| 14 | Megan Piotrowicz | So.-r | 5-8 | A | Plymouth Meeting, Pa. | Plymouth-Whitemarsh |
| 15 | Jordan Wilkins | Fr. | 5-5 | M | Finksburg, Md. | Westminster |
| 16 | Amanda Mathews | Jr. | 5-2 | D | Ellicott City, Md. | Centennial |
| 17 | Meghan Eshleman | So. | 5-5 | A | Arnold, Md. | Broadneck |
| 18 | Ariel Lane | Sr. | 5-7 | A | Vero Beach, Fla. | Vero Beach |
| 19 | Kaci Starkloff | Fr.-r | 5-7 | M | Bel Air, Md. | Bel Air |
| 20 | Alisa Konishi | Jr.-r | 5-4 | G | Littleton, Colo. | J.K. Mullen |
| 21 | Leah Perrotta | So. | 5-7 | D | Forest Hills, Md. | Fallston |
| 22 | Rebecca McLouth | Jr.-r | 5-8 | M | Cincinnati, Ohio | Sycamore |
| 23 | Mary Jane Toohey | So. | 5-8 | D | Lutherville, Md. | McDonogh |
| 25 | Monica Zabel | Sr. | 5-7 | A | Ellicott City, Md. | Mt. Hebron |
| 26 | Amy Roguski | So. | 5-10 | M | Sykesville, Md. | Liberty |
| 27 | Julianne Giles | So. | 5-7 | A | Ellicott City, Md. | Mount Hebron |
| 28 | Emily Rhoads | Fr.-r | 5-9 | M | Alexandria, Va. | St. Stephens & St. Agnes |
| 29 | Hannan Verschoore | Fr. | 5-7 | D | Bel Air, Md. | John Carroll |
| 30 | Schylar Healy | Fr. | 5-1 | G | Eldersburg, Md. | Liberty |
| 31 | Nicole Stiles | Jr. | 5-10 | D | Mooresville, N.C. | Lake Norman* |
| 32 | Lexi Cross | Fr. | 5-8 | D | Marriottsville, Md. | Liberty |
| 33 | Shelby Robinson | So. | 5-8 | M | Midlothian, Va. | Collegiate |

*played for John Jay High School in South Salem, N.Y., from 2006-08



RANKINGS

Among the Nation's Elite

- In the national rankings annually for the last 25 years
- Program high of No. 2 in 1999 and 2000
- Top 10 Final National Rank 11 of the Last 18 Seasons
- Top 10 National Rank 15 of the Last 18 Seasons



Kim Griffin (2006-10) played on the 2007 and 2008 teams that were ranked as high as No. 5 in the country.



JMU fans can count on seeing one of the nation's best teams when the Dukes take the field.



The 1999 team achieved the highest rank in school history at the time -- No. 2. The Dukes won the CAA title and played in the NCAA Tournament.



Kelly Berger (center) and the 2007 team achieved a No. 5 national ranking under Coach Shelley Klaes-Bawcombe.



The 2004 CAA champion team was ranked No. 5 in the country.

NATIONAL TEAM

27 Dukes have been named to a national team



Dee McDonough '75

- U.S. Squad 1974, 1975
- SAC Coach of the Year 1991
- Diane Geppi-Aikens Lifetime Achievement Award 2004 (award was presented by the Intercollegiate Women's Lacrosse Coaches Association and honored her work in the sport, which included establishing the first national collegiate championship in 1975, helping form the IWLCA in the early 1980's, serving two terms as IWLCA president, creating a national poll, serving on the board of directors of The Lacrosse Foundation and chairing the USWLA committee to select the U.S. Lacrosse Squad)
- JMU Athletics Hall of Fame 1993



Nora Maguire '92

- U.S. Under-23 Team 1991
- U.S. Squad 1989, 1990, 1992
- All-America 1990, 1991, 1992
- All-South 1989, 1990, 1991, 1992
- CAA Player of the Year 1992
- SAC Player of the Year 1991
- All-CAA 1992
- All-SAC 1990, 1991
- School record for assists in a game (9)
- JMU Athletics Hall of Fame 2008

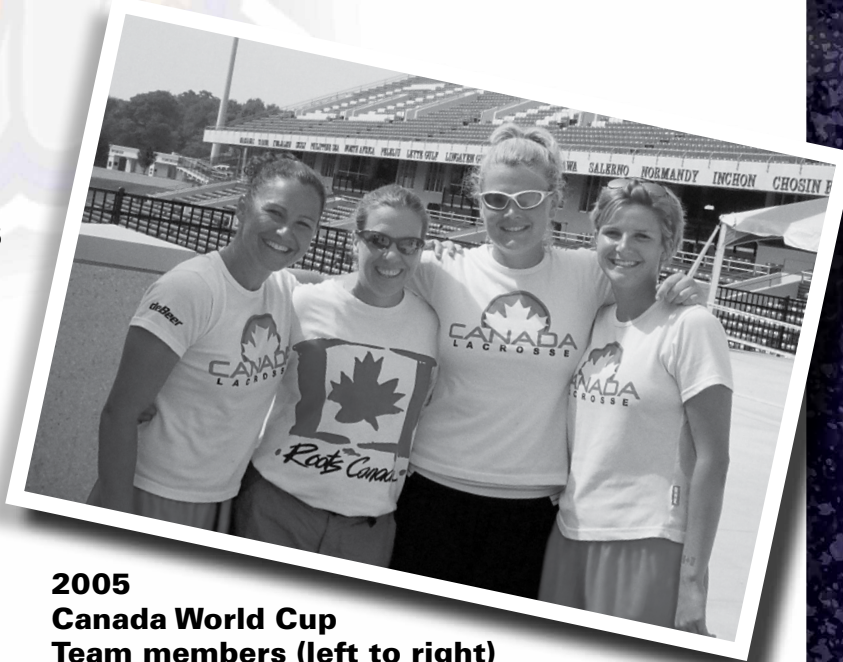
Julianne Hull Elicker '78

- U.S. National Team 1979-86
- U.S. World Cup champion team 1984
- Co-captain, U.S. World Cup silver-medalist team 1986
- JMU Athletics Hall of Fame 2000

Kelly Berger '07



- U.S. Senior Team, 2010-12
- U.S. Touring Team, Prague Cup 2008
- U.S. Elite Team 2006, 2007
- U.S. Developmental Team 2005
- Tewaaraton Trophy nominee 2007
- All-America 2006, 2007
- All-South 2005, 2006, 2007
- All-CAA 2005, 2006, 2007
- CAA Player of the Year 2006
- CAA Tournament MVP 2006
- CAA 25th Anniversary Team



**2005
Canada World Cup
Team members (left to right)**

Troyhann Santos '93 (Canada National Team 1997-2005), former JMU assistant coach Susan Stewart, Brooke McKenzie '06, Jessica Brownridge '05

NATIONAL TEAM

Megan Riley '99



- U.S. Developmental Team 1998
- U.S. Squad 1999
- All-America 1997, 1998, 1999
- All-South 1996, 1997, 1998, 1999
- CAA Player of the Year 1999
- CAA Tournament MVP 1999
- CAA Rookie of the Year 1996
- All-CAA 1997, 1998, 1999
- School records for season (41) and career (109) assists
- Three NCAA Tournament appearances 1997, 1998, 1999
- JMU Athletics Hall of Fame 2011
- CAA 25th Anniversary Team

Johanna Buchholz '05



- U.S. Developmental Team 2004, 2005
- Two NCAA Tournament appearances 2003, 2004
- Aimee Willard Award 2004 (top collegiate player at USWLA tournament)

Lisa Staedt '03



- U.S. Elite Team 2006
- U.S. Developmental Team 2002, 2003
- Tewaaraton Trophy finalist 2003, nominee 2002
- All-America 2001, 2002, 2003
- All-South 2001, 2002, 2003
- All-CAA 2001, 2002, 2003
- CAA Player of the Year 2002, 2003
- CAA Tournament MVP 2003
- School records for season (76) and career (187) ground balls
- Three NCAA Tournament appearances 2000, 2001, 2003
- CAA 25th Anniversary Team

Amy Altig '05



- U.S. Senior Team, 2010-12
- U.S. Touring Team, Prague Cup 2008
- U.S. Elite Team 2007
- U.S. Developmental Team 2003, 2004, 2005, 2006
- All-CAA 2003, 2004

Jess Marion '00



- U.S. Developmental Team 1998
- U.S. Squad 1999
- IWLC National Midfielder of the Year 2000
- All-America 1998, 1999, 2000
- All-South 1998, 1999, 2000
- CAA Player of the Year 2000
- All-CAA 1999, 2000
- Shares school season record for draw controls (55)
- Four NCAA Tournament appearances 1997, 1998, 1999, 2000
- CAA 25th Anniversary Team

Others include Kathy Altemus '90 • Casey Ancarrow '13 • Amy Brew '00 (pictured on page 25) • Diane Buch '88 • Johanna Buchholz '05 • Rosheen Campbell '94 (pictured on page 23) • Carolyn Carr '95 (pictured on page 23) • Traci Davis '79 • Natasha Fuchs '08 • Kim Griffin '09 • Diane Hallowell '94 (pictured on page 23) • Danyle Heffernan '95 • Lucy Lynch '08 • Heidi Rogers '82 • Tracy Schnappinger '89 • Kim Stark '88 • Julie Weiss '00 (pictured on page 24)

ALL-AMERICAS

Dukes have earned All-America honors 51 times

Jessica Beard '04

- All-America 2004
- Womenslacrosse.com Defender of the Year 2004
- All-South 2003, 2004
- CAA Defender of the Year 2003
- CAA Tournament MVP 2004
- All-CAA 2003, 2004



Kylee Dardine '07

- All-America 2006
- All-South 2006, 2007
- CAA Defender of the Year 2006, 2007
- All-CAA 2006, 2007



Gail Decker '04



- All-America 2003, 2004
- Academic All-America 2004
- Tewaaraton Trophy finalist 2004, nominee 2003
- Honda Award finalist 2004
- Collegiate Women Sports Award finalist 2004
- CSTV Diane Geppi-Aikens Scholarship finalist 2004
- All-South 2003, 2004
- CAA Player of the Year 2004
- All-CAA 2002, 2003, 2004
- School records for goals in a game (8), season (81) and career (201), points in a season (112) and career (267), career draw controls (164)
- CAA 25th Anniversary Team

Ashlee Dardine '05



- All-America 2005
- Tewaaraton Trophy watch list 2005
- All-South 2004, 2005
- All-CAA 2003, 2004, 2005
- Two NCAA Tournament appearances 2003, 2004
- Shares school record for season draw controls (55)
- CAA 25th Anniversary Team

Others (with years honored) include Kathy Altemus 1989, 1990 • Casey Ancarrow 2011 • Kelly Berger 2006, 2007 (pictured on page 20) • Diane Buch 1987, 1988 • Amy Brew 1998, 1999, 2000 (pictured on page 25) • Alivian Coates 1999, 2000 (pictured on page 24) • Cara Eisenberg 1981 • Kim Griffin 2010 • Caryn Habay 1995, 1996 • Danyale Heffernan 1994, 1995 • Morgan Kelly 2010 • Shelley Klaes 1996, 1997 (pictured on page 25) • Mary Kate Lomady 2010 • Nora Maguire 1990, 1991, 1992 (pictured on page 20) • Jess Marion 1998, 1999, 2000 (pictured on page 21) • Julie Martinez 1998, 2000 (pictured on page 24) • Sue Reichle 1987 • Megan Riley 1997, 1998, 1999 (pictured on page 21) • Lisa Staedt 2001, 2002, 2003 (pictured on page 21) • Aimee Vaughan 1997 (pictured on page 24) • Dorothy Vaughan 1983, 1985

ALL-AMERICAS

Carolyn Carr '95



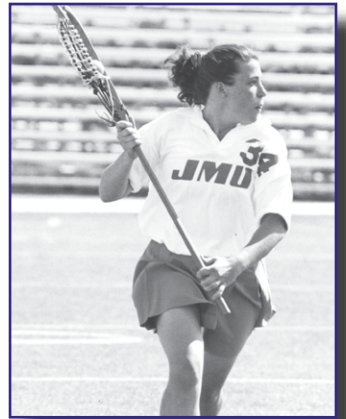
- U.S. Squad 1994
- U.S. Developmental Team 1995
- All-America 1995
- All-South 1994, 1995
- All-CAA 1993, 1994, 1995

11 First Team All-Americans

Kelly Berger
Diane Buch
Carolyn Carr
Alivian Coates
Gail Decker
Shelley Klaes
Nora Maguire
Jess Marion
Megan Riley (2x)
Lisa Staedt

Diane Hallowell '94

- U.S. Squad 1993, 1994
- All-America 1993, 1994
- All-South 1993, 1994
- All-CAA 1993, 1994



Rosheen Campbell '94

- U.S. Squad 1991, 1992
- All-America 1992
- All-South 1990, 1991, 1992
- All-CAA 1992
- All-SAC 1991



Jen Gicking



- All-America 1995, 1996
- All-South 1994, 1995, 1996
- All-CAA 1995, 1996

NCAA TOURNAMENTS

- JMU has qualified for the NCAA Tournament 11 times in the last 16 years
- The Dukes have advanced to the quarterfinals seven times and the semifinals one time
- JMU has more NCAA appearances than any other CAA team

Julie Weiss '00



- Four NCAA Tournament appearances 1997, 1998, 1999, 2000
- U.S. Developmental Team 1998

Alivian Coates



- Four NCAA Tournament appearances 1997, 1998, 1999, 2000
- All-America 1999, 2000
- All-South 1999, 2000
- All-CAA 1999, 2000
- CAA 25th Anniversary Team

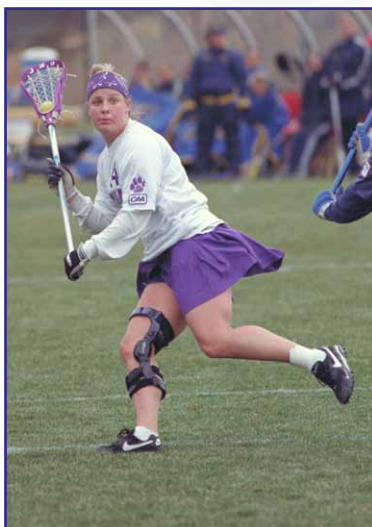
Jen Ulehla

- Coached Dukes to six NCAA Tournament appearances 1995, 1997, 1998, 1999, 2000, 2001
- NCAA Tournament semifinals 2000
- CAA Coach of the Year 1995, 2000



Julie Martinez

- Four NCAA Tournament appearances 1997, 1998, 1999, 2000
- All-America 1998, 2000
- All-South 1998, 2000
- All-CAA 1997, 1998, 2000

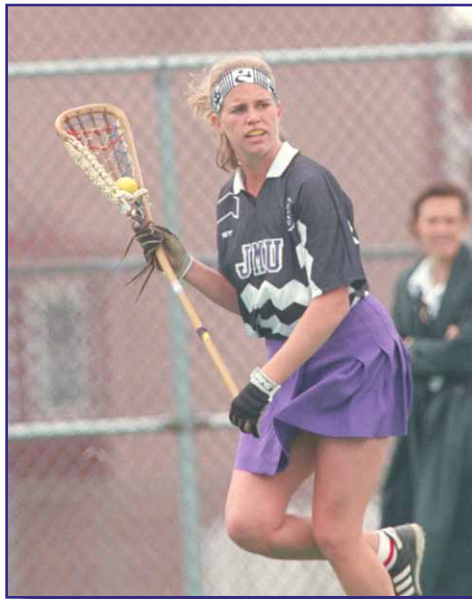


Aimee Vaughan '98

- Two NCAA Tournament appearances 1997, 1998
- School-record five NCAA Tournament appearances, including three in soccer
- All-America 1997
- All-South 1996
- All-CAA 1996, 1998
- JMU Athletics Hall of Fame 2011



NCAA TOURNAMENTS



Amy Brew '00

- Four NCAA Tournament appearances 1997, 1998, 1999, 2000
- U.S. Developmental Team 1998
- All-America 1998, 1999, 2000
- All-South 1998, 1999, 2000
- All-CAA 1998, 1999, 2000
- CAA Rookie of the Year 1997



Shelley Klaes '97

- Four NCAA Tournament appearances 1995, 1997 (player), 2010, 2011 (coach)
- All-America 1996, 1997
- All-South 1996, 1997
- All-CAA 1996, 1997
- JMU Athletics Hall of Fame 2010



**JMU's 2000
NCAA Final Four Team**

CAA

CAA Lacrosse

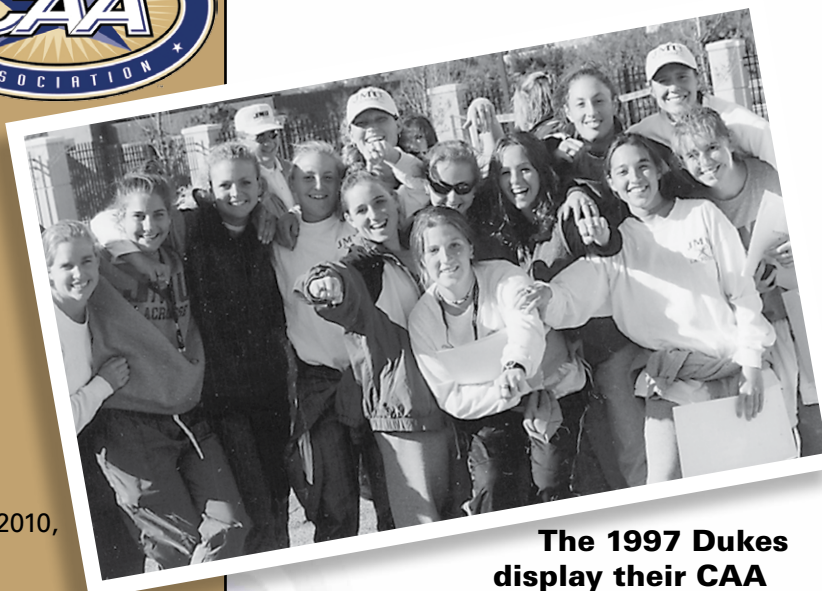
- Top four teams advance to CAA post-season tournament
- Champion receives an automatic bid to 16-team NCAA Tournament
- Multiple teams in NCAA tournament seven times in last 18 seasons



JMU in the CAA*

- Champion 1985, 1986, 1997, 1999, 2001, 2003, 2004, 2006, 2010, 2011
- Runner-up 1988, 1991, 1998, 2000, 2007
- Semifinalist also in 1987, 1989, 1990, 1992, 1993, 1994, 1995, 1996, 2002, 2004
- Player of the Year 1991, 1992, 1999, 2000, 2002, 2003, 2004, 2006, 2007
- Coach of the Year 1991, 1995, 2000, 2006, 2010
- Tournament MVP 1999, 2001, 2003, 2004, 2006, 2010, 2011
- Defensive Player of the Year 2003, 2006, 2007
- Rookie of the Year 1996, 1997, 2010
- 108 All-CAA selections
- 30 CAA All-Tournament team selections

*figures include the CAA's predecessor, the SAC (1985-91)



The 1997 Dukes display their CAA championship rings



The 1999 CAA Champion and NCAA quarterfinal team



The Dukes' 2010 CAA Championship celebration

Other top CAA/SAC honorees include Coach of the Year Dee McDonough (1991) (pictured on page 20), Jen Ulehla (1995, 2000) (pictured on page 24) • Players of the Year Kelly Berger (2006, pictured on page 20), Gail Decker (2004, pictured on page 22), Nora Maguire (1991, 1992, pictured on page 20), Jess Marion (2000, pictured on page 21), Megan Riley (1999, pictured on page 21), Lisa Staedt (2002, 2003, pictured on page 21) • Defensive Players of the Year Jessica Beard (2003, pictured on page 22), Kylee Dardine (2006, 2007, pictured on page 22) • Rookies of the Year Amy Brew (1997, pictured on page 25), Megan Riley (1996, pictured on page 21)

CAA

Jen Corradini '01



- CAA Tournament MVP 2001
- Four NCAA Tournament appearances 1998, 1999, 2000, 2001
- School record for season saves (203) Annie Wagner '08
- CAA Player of the Year 2007
- Tewaaraton Trophy watch list 2007, 2008
- Preseason All-America 2008
- All-South 2007

Annie Wagner '08



- CAA Player of the Year 2007
- Tewaaraton Trophy watch list 2007, 2008
- Preseason All-America 2008
- All-South 2007

Morgan Kelly '10

- CAA Tournament Most Outstanding Player 2010
- IWLCA All-America 2010
- All-South 2010
- All-CAA 2010
- Led NCAA in goals-against average 2010 (8.2)



Mary Kate Lomady '11

- CAA Tournament Most Outstanding Player 2011
- IWLCA All-America 2010
- IWLCA All-South 2010, 2011
- All-CAA 2010, 2011
- Tewaaraton Trophy watch list 2011
- CAA All-Tournament Team 2010, 2011



By the Numbers

- 12 member schools
- 8 states represented
- 5 of the nine largest television markets in the nation -- New York (1), Philadelphia (4), Boston (6), Washington, D.C. (8) and Atlanta (9)



**JMU's 2006 CAA
Champion and NCAA
quarterfinal team**

CAA 25TH TEAM

Seven Dukes were among 25 players who were selected to the Colonial Athletic Association Silver Anniversary team in 2010.

Kelly Berger '07

- U.S. Senior Team, 2010-12
- U.S. Touring Team, Prague Cup 2008
- U.S. Elite Team 2006, 2007
- U.S. Developmental Team 2005
- Tewaaraton Trophy nominee 2007
- All-America 2006, 2007
- All-South 2005, 2006, 2007
- All-CAA 2005, 2006, 2007
- CAA Player of the Year 2006
- CAA Tournament MVP 2006
- Two CAA Championships 2004, 2006
- Two NCAA Tournament appearances 2004, 2006



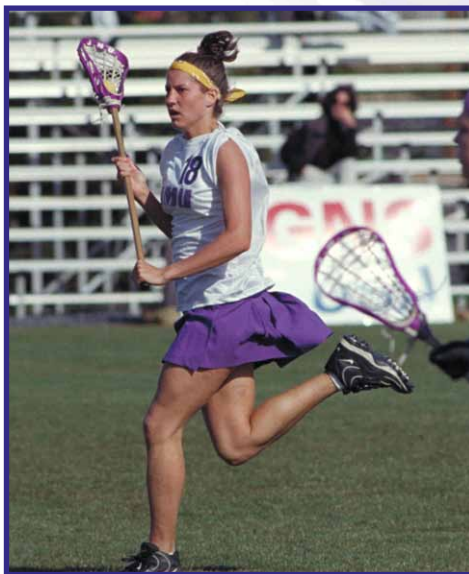
Gail Decker '04

- All-America 2003, 2004
- Academic All-America 2004
- Tewaaraton Trophy finalist 2004, nominee 2003
- Honda Award finalist 2004
- Collegiate Women Sports Award finalist 2004
- CSTV Diane Geppi-Aikens Scholarship finalist 2004
- All-South 2003, 2004
- CAA Player of the Year 2004
- All-CAA 2002, 2003, 2004
- School records for goals in a game (8), season (81) and career (201), points in a season (112) and career (267), career draw controls (164)
- Three CAA Championships 2001, 2003, 2004
- Three NCAA Tournament appearances 2001, 2003, 2004



Alivian Coates '00

- All-America 1999, 2000
- All-South 1999, 2000
- All-CAA 1999, 2000
- Two CAA Championships 2004, 2006
- Four NCAA Tournament appearances 1997, 1998, 1999, 2000



Ashlee Dardine '05

- All-America 2005
- Tewaaraton Trophy watch list 2005
- All-South 2004, 2005
- All-CAA 2003, 2004, 2005
- Shares school record for season draw controls (55)
- Two CAA Championships 2003, 2004
- Two NCAA Tournament appearances 2003, 2004



CAA 25TH TEAM

Jess Marion '00



- U.S. Developmental Team 1998
- U.S. Squad 1999
- IWLCA National Midfielder of the Year 2000
- All-America 1998, 1999, 2000
- All-South 1998, 1999, 2000
- CAA Player of the Year 2000
- All-CAA 1999, 2000
- Shares school season record for draw controls (55)
- Two CAA Championships 2004, 2006
- Four NCAA Tournament appearances 1997, 1998, 1999, 2000



Megan Riley '99

- U.S. Developmental Team 1998
- U.S. Squad 1999
- All-America 1997, 1998, 1999
- All-South 1996, 1997, 1998, 1999
- CAA Player of the Year 1999
- CAA Tournament MVP 1999
- CAA Rookie of the Year 1996
- All-CAA 1997, 1998, 1999
- School records for season (41) and career (109) assists
- Two CAA Championships 1997, 1999
- Three NCAA Tournament appearances 1997, 1998, 1999



Lisa Staedt '03

- U.S. Elite Team 2006
- U.S. Developmental Team 2002, 2003
- Tewaaraton Trophy finalist 2003, nominee 2002
- All-America 2001, 2002, 2003
- All-South 2001, 2002, 2003
- All-CAA 2001, 2002, 2003
- CAA Player of the Year 2002, 2003
- CAA Tournament MVP 2003
- School records for season (76) and career (187) ground balls
- Two CAA Championships 2001, 2003
- Three NCAA Tournament appearances 2000, 2001, 2003



THIS IS JMU



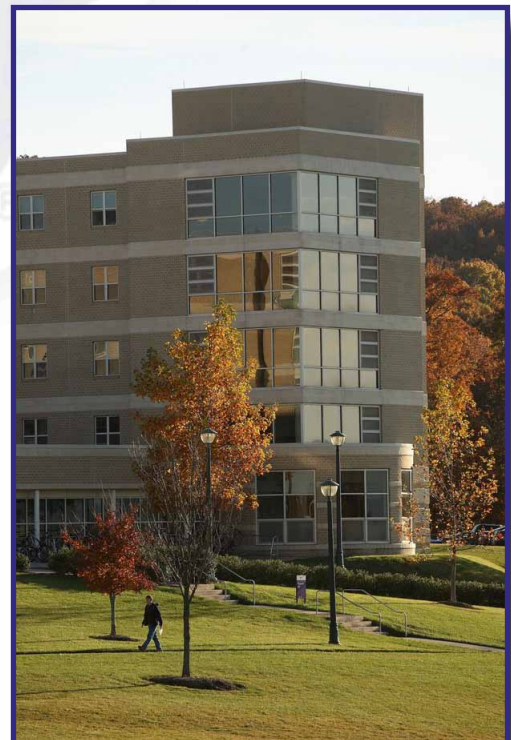
This Is JMU

JMU's beautiful campus includes 111 major buildings on 712 acres. The original campus is built around the Quadangle, where buildings are constructed of native blue limestone and have ivy coverings.

The University's 19,000 students may choose from 109 degree programs in seven colleges -- College of Arts and Letters, College of Business, College of Education, College of Integrated Science and Technology, College of Science and Mathematics, College of Visual and Performing Arts, Graduate School.

JMU's academic program combines the liberal arts tradition with preparation for technology in a rapidly changing world. All students receive a strong foundation of knowledge through a rigorous general education program.

- Female/Male Ratio: 60/40
- Student/Professor Ratio: 15/1
- Average Class Size: 29



THIS IS JMU



THIS IS JMU



- *U.S. News & World Report* in its 2011 America's Best Colleges guidebook ranked JMU first in the South among public universities for the 17th straight year.
- JMU is Virginia's most-popular college or university, drawing applications from the greatest percentage of the state's graduating high school seniors.
- *Kiplinger's Personal Finance* in 2011 ranked JMU 19th nationally on its list of 100 best values in public colleges -- schools that offer a first-class education at a reasonable price.
- *Yahoo! Internet Life* included JMU on its 2001 listing of "The Nation's 100 Most Wired Universities," listing JMU 53rd among larger institutions.
- JMU was included in the 2002 edition of *The Unofficial, Unbiased, Insider's Guide to the 320 Most Interesting Colleges* with one author saying "JMU is almost too perfect to be believed."
- JMU has been described as "one of the best managed, most dynamic public universities in the nation" in *The Guide to 101 of the Best Values in America's Colleges and Universities*.
- *Bloomberg* magazine in 2011 ranked JMU's College of Business 11th nationally among business schools at public universities and 28th among all universities.
- JMU is among schools "that prove activism and community service are alive and well on campus," says *Mother Jones* Magazine.
- JMU's exemplary programs for first-year students are "cornerstones of the University's strong commitment to student learning and success," says *The Temple Guide: Colleges That Encourage Character Development*.
- JMU was recognized as one of the nation's top 50 "Best Value" public universities in the 2010 Princeton Review "Best Value Colleges." The list recognizes schools that provide high-quality academics at a reasonable price."

HARRISONBURG, VA.



Harrisonburg, Va. A Great College Town

Harrisonburg is convenient to the metropolitan areas of Washington, D.C., and Richmond while providing JMU students the comforts of the picturesque setting of Virginia's Shenandoah Valley.

The city offers something for everyone. From downtown shopping and restaurants, to nearby national parks and forests, it provides JMU students the opportunity to sample many aspects of life.

Harrisonburg offers a learning environment that is very unique in today's high-tech, educational world.



PLECKER CENTER



Robert & Frances Plecker Athletic Performance Center

- Named in honor of Robert & Frances Plecker
- A \$10 million state-of-the-art athletic support facility
- 7,000-square foot strength and conditioning center with flat-screen televisions for individual instruction
- 5,000-square foot sports medicine facility
- Computer lab with more than 30 work stations
- Tutoring and small group meeting facilities
- JMU's athletic hall of fame
- Student-athlete lounge



ACADEMIC ADVISING

- Located in the Plecker Athletic Performance Center
- Computer lab with more than 30 work stations
- Tutoring and small group meeting facilities
- Student-athlete lounge



Casey Carter

*Associate Athletics Director
for Student-Athlete Services
James Madison '70*

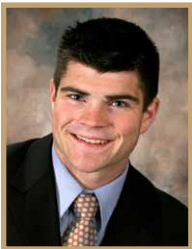


Jennifer Burkhardt

*Team Academic Advisor
James Madison '06*

STRENGTH & CONDITIONING

- Developing athleticism and sports performance
- Seven training facilities encompassing more than 17,000 square feet
- Staff includes five full time professionals with certifications as strength and conditioning specialists



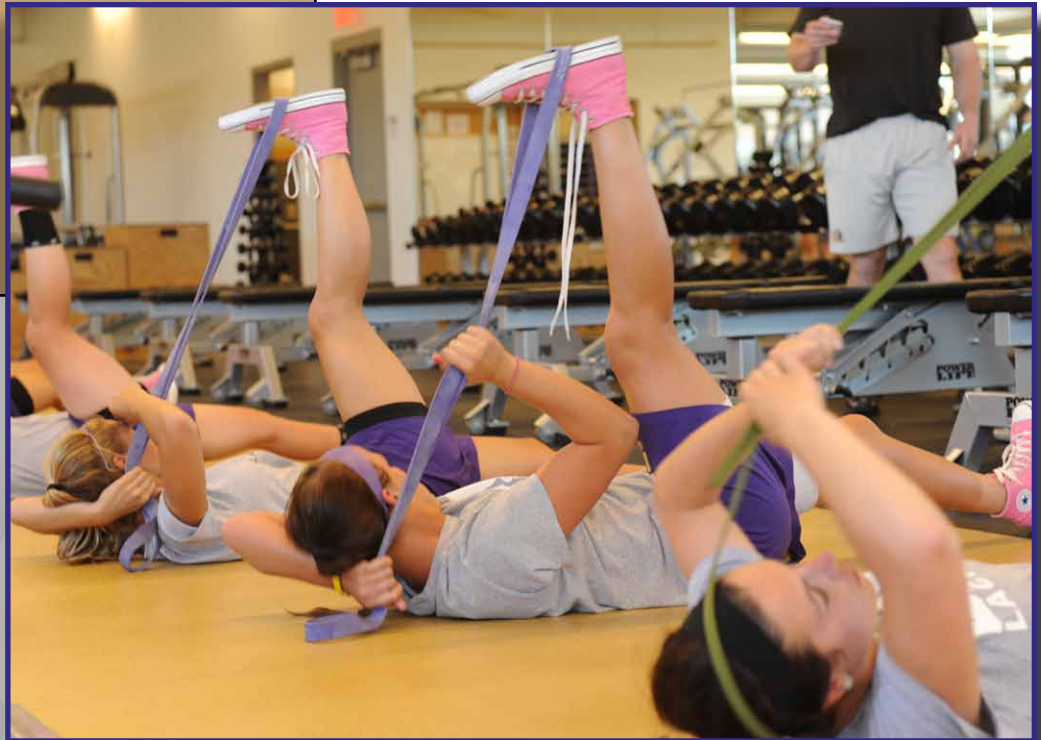
Justin Jones

*Strength &
Conditioning Coach
James Madison '07*



Donny Smith

*Assistant Strength &
Conditioning Coach
James Madison '10*



SPORTS MEDICINE



- Multi-skilled professionals use current research, educational knowledge, and state-of-the-art equipment and technology to provide a comprehensive and progressive approach to assure the holistic well-being of student-athletes
- Staff includes 20 board-certified and licensed athletic trainers
- Team physicians include Dr. Kent Diduch (board-certified in family practice physician) and orthopedic surgeon Dr. Mark Miller, a nationally renowned fellowship-trained orthopedist from the University of Virginia
- Local chiropractors, physical therapists, sport psychologists, nutritionists, and orthotists are available to assist in the health care needs of student-athletes



Lisa Holzhauer, ATC

*Team Athletic Trainer
Pittsburgh '10*



Tom Kuster, ATC

*Assistant Athletics
Director for Sports
Medicine
James Madison '95*



Dr. Kent Diduch

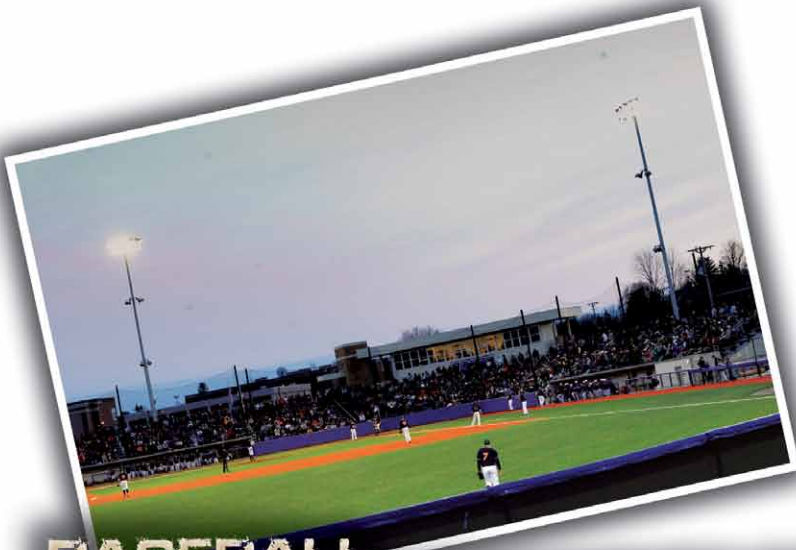
Team Physician



Dr. Mark Miller

*Team Orthopedic
Surgeon*

FACILITIES



BASEBALL

EAGLE FIELD AT VETERANS MEMORIAL PARK
(OPENED 2010)



GOLF

PRACTICE FACILITY (2010)



FOOTBALL

BRIDGEFORTH STADIUM EXPANSION
(OPENED 2011)

JMU ATHLETIC FACILITIES



LACROSSE/SOCCER/TRACK & FIELD
UNIVERSITY PARK (COMPLETION DATE FALL 2012)



SOFTBALL

VETERANS MEMORIAL PARK
(OPENED 2010)

FACILITIES



UNIVERSITY PARK FUTURE HOME OF JMU LACROSSE



MULTI-MILLION DOLLAR FACILITY FOR LACROSSE,
SOCCER, TRACK AND FIELD
COMPLETION DATE 2012
STATE-OF-THE-ART SCOREBOARDS
NATURAL GRASS AND SYNTHETIC SURFACE PRACTICE FIELDS

LACROSSE INFORMATION

Home Field & Capacity/Surface:

JMU Lacrosse Complex (1,860/grass)

Office Location:

Godwin Hall 308, 306, 304

Telephone: (540) 568-3618

Fax: (540) 568-3901

E-mail: w-lacrosse@jmu.edu

Mailing Address:

Lacrosse
261 Bluestone Drive MSC 2301
James Madison University
Harrisonburg, VA 22807

Head Coach

Shelley Klaes-Bawcombe: (540) 568-3618
klaessc@jmu.edu

Assistant Coaches

Katie Linnertz, (540) 568-7356
linnerkr@jmu.edu
Meg Dentler, (540) 568-6326
dentlemk@jmu.edu

Administrative Assistant

Michelle Carter, (540) 568-6692

Strength & Conditioning Coaches

Justin Jones, Donny Smith

Directions & Maps

A map of the JMU campus (including a PDF printable map) is available at www.jmu.edu/map. For directions visit JMUSports.com and click on Facilities.

Credits:

Template Design: Grant Hawkins Design, McKinney, Texas. **Design:** Teresa Craig
Photography: Cathy Kushner, Diane Elliott, David Lonnquest, Tommy Thompson, and others



Who's Who in JMU Athletics



Jeff Bourne
Athletics Director



Geoff Polglase
Deputy Athletics Director



Casey Carter
Associate AD,
Student Athlete Services



Brian Frerking
Associate AD,
Development



Shelia Moorman
Associate AD,
Senior Woman Administrator



Kevin White
Associate AD,
Sports Programs



Mike Carpenter
Assistant AD,
Ticketing & Customer Relations



Tom Kuster
Assistant AD,
Sports Medicine



John Martin
Assistant AD, Athletics Communications



CASEY
ANCARROW

REBECCA
MCLOUTH

ALISHA
KONISHI



ASHLEY
KIMENER

ARIEL
LANE

ALEX
NAPOLI

MONICA
ZABEL

