Welcome to James Madison University lacrosse. As the head lacrosse coach it is with great pride that I share our nationally-ranked program and university with you. It is an honor and privilege to be the head coach of my alma mater. The opportunity to come back to JMU has been a dream come true.

Entering my sixth year back at JMU, the school has grown, the town has grown with it, but the feeling you get being on this campus and the sense of community still remains the same. JMU has always valued every individual on its campus and creates an environment like no other university to learn and grow as a person. Student-athletes have an excellent support system surrounding them with our coaches, student-athletes services staff, strength and conditioning, sports medicine, sports psychology, sports media and administrative staff. They work tirelessly to coordinate their efforts to provide the best possible experience for the JMU student-athlete. “All Together One” is the JMU motto, and it is truly what our student-athletes experience.

JMU encourages a well balanced person and will challenge every aspect of the student-athlete -- academically, athletically and socially. JMU goes beyond the student and teaches about social responsibility within the community and prepares you for any obstacle you may face in the future. The university has established itself with national recognitions in many academic categories and is always evolving to chase its goal of being the best undergraduate university in the nation.

As the coach, I am looking to recruit hard-working individuals who are team players and are committed to being the very best they can be on the field and in the classroom. Our goal is to win the CAA conference annually and compete for the national championship. We are excited about the future of JMU lacrosse and hope you will join us.

Shelley Klaes-Bawcombe
Head Lacrosse Coach

2012 Schedule

February
23 at California, 8 p.m.
25 at Stanford, 4 p.m.
29 Virginia Tech, 4 p.m.

March
4 at Fairfield, 1 p.m.
6 at Harvard, 3:30 p.m.
10 Richmond, 1 p.m.
17 Loyola, 1 p.m.
21 at Virginia, 7 p.m.
24 Maryland, 4 p.m.
31 George Mason*, 1 p.m.

April
6 Hofstra,*, 6 p.m.
8 Drexel*, 1 p.m.
13 William and Mary*, 6 p.m.
15 at Old Dominion*, 1 p.m.
20 at Delaware*, 5 p.m.
22 at Towson*, 1 p.m.
27 CAA Tournament Semifinals (#1 seed hosts)
29 CAA Tournament Championship (#1 seed hosts)

Home games in **boldface**
Starting times are ET
*Colonial Athletic Association opponent
NCAA Tournament dates available at NCAASports.com
Game dates and times are subject to change. Go to JMUSports.com for updated information.
Shelley Klaes-Bawcombe

Head Coach
JMU '97

- womenslacrosse.com National Coach of the Year 2010
- U.S. Lacrosse Greater Baltimore Chapter Hall of Fame 2010
- CAA Coach of the Year 2005, 2010
- Virginia Coach of the Year 2010, 2011
- Teams consistently ranked in the national top 20 last eight years (high of #5)
- CAA Tournament champion 2010, 2011
- 12 All-Americas
- One CAA Player of the Year, four CAA Defenders of the Year, three CAA Rookies of the Year
- 19 All-CAA first team selections and 34 total All-CAA selections
- NCAA Division I Championships Committee 2008-10
- U.S. National Team selector 2007-09
- JMU record is 57-32 (5 seasons)
- Career record is 107-67 (10 seasons)

As a player:
- JMU Athletics Hall of Fame (2010)
- Two NCAA Tournament teams (1995, 1997)
- Two-time All-America (1996, 1997)
- Two-time All-CAA (1996, 1997)
- CAA champion (1997)
- Formerly held school records for career assists (71), goals by a senior (48) and season points (71)
- Currently ranks in the top 11 in three JMU career categories, including fifth in assists (71), seventh in points (196) and 11th in goals (125)
Katie Linnertz
Assistant Coach
George Mason ’07
• CAA Tournament champion (2011)
• America East champion (Boston University) (2008, 2009, 2010)

As a player
• North-South Senior All-Star Game (2007)
• All-Colonial Athletic Association (2005)
• IWLCA Academic Honor Roll (2005, 2006)
• CAA Commissioners Academic Award two years
• Two-time team captain
• Ranks fifth all-time at Mason in caused turnover average
• Member of Mason teams that ranked among the top five nationally in caused turnover average for three seasons
• Dean’s List & Athletic Director’s Honor Roll throughout career

Meg Dentler
Assistant Coach
George Mason ’05
• CAA Tournament champion (2010, 2011)
• NCAA Tournament (2010, 2011)

As a player
• CAA 25th Anniversary Team
• Two-time All-America goalkeeper (2004, 2005)
• CAA Player of the Year 2005
• CAA Rookie of the Year 2002
• Four-time All-CAA (2002-05)
• Mason career leader in saves (855) and save percentage (.572)
Our 44th season in 2012!

Building relationships that will last a lifetime
Recognize our coaches?

2010 Duke Dog Challenge

Nativity Ninjas Challenge Champions

Nuns That Want to Have Fun

Tacky Tourists
ATTACK THE FIELD

The new AtTaK head, made for the player who wants ultimate ball feel and accuracy.

>> STX.COM
The lacrosse team, pictured here with Elle Howdershell from the Friends of Jaclyn program, won JMU Athletics’ Team Community Service Award in 2010 and was a finalist for the prestigious honor in 2009 and 2011.

Alisa Konishi (pictured at right) has been the lacrosse team’s Community Service Committee Chair since 2009.

“We graduate student athletes who are ready to make an impact in the community.” -- Coach Shelley Klaes-Bawcombe

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Teams with a collective grade-point average of 3.0 or above are honored by the Intercollegiate Women’s Lacrosse Coaches Association as an IWLCA Academic Squad. JMU has earned this award five times in the last nine years, including 2007, 2008 and 2009.

Juniors and seniors with a grade-point average of 3.2 or above are named to the IWLCA Academic Squad Honor Roll. JMU players have earned that recognition 23 times since 2000. Recipients from the 2010 team include Alisa Konishi, Caitlin McHugh and Caitlin Sullivan.
#10 Alex Menghetti
Redshirt Sr. Goalkeeper
Media, Pa.
Major: Physical education (coaching)
Minor: Business
- Among NCAA leaders in goals-against average 2011
- Two-time All-Delco Honorable Mention at Penncrest H.S.
- All-Star selection at USWLA National Tournament 2007
- Defensive MVP of the 2005 Lax.com Midwest Showcase while playing for Phantastixs club
“My favorite memory from our NCAA Tournament appearances was the last seconds of play, when you get that feeling of a team accomplishment, and hugging all your teammates and congratulating them!”

Career GP-S Mins Sv GA Avg Pct GB
2009-Fr. 10-9 480:41 56 97 12.11 .366 17
2010-So. 2-0 24:42 1 2 4.86 .333 2
2011-Jr. 19-19 1038:20 95 155 8.96 .380 40
Totals 31-28 1543:43 152 254 9.9 .374 59

#5 Annie Brophy
Sr. Midfielder
Berwyn, Pa.
Major: Media arts & design
Minor: Studio art; writing, rhetoric, and technical communications
- All-CAA 2011
- CAA Commissioner’s Academic Award three years
- U.S. Lacrosse All-America at Archbishop Carroll H.S.
- Member of four Catholic League champion teams at Archbishop Carroll
- Played with Phantastix club
“The coolest place I have ever traveled to is Ireland!”

Career GP-GS G A Pts GB CT Dr
2009-Fr. 16-0 6 0 6 12 6 7
2010-So. 20-15 8 6 14 22 9 12
2011-Jr. 19-19 5 5 10 29 16 16
Totals 55-34 19 11 30 63 31 35

#12 Cally Chakrian
Sr. Defender
East Meadow, N.Y.
Major: Physical education (coaching)
- All-South 2010, 2011
- All-CAA 2010, 2011
- Leading scorer at East Meadow H.S.
- Senior All-Star Game at USWLA National Tournament
- Member of NewYork I team that won USWLA national championship
“If I could have any super power it would be flying. I love that feeling of being free, and I wouldn’t have to spend so much money on gas.”

Career GP-GS G A Pts GB CT Dr
2009-Fr. 16-15 0 1 1 26 13 24
2010-So. 20-20 0 0 0 27 13 36
2011-Jr. 19-19 2 1 3 25 17 42
Totals 55-54 2 2 4 78 43 102
**#8 Ashley Kimener**

Sr. Midfielder  
Oakton, Va.  
*Major: Psychology  
Minor: Criminal justice*

- CAA All-Rookie Team 2009  
- Three-time U.S. Lacrosse All-America at three-time state champion Oakton H.S.  
- National Schoolgirls Tournament three years  
- Played with Capital club 2007 and Future Elite club 2006

“My favorite memory from our NCAA Tournament appearances was in 2010 when we played Syracuse in the Elite Eight, and the sophomores made up a rap about Syracuse in the locker room to get us all pumped up for the game.”

<table>
<thead>
<tr>
<th>Year</th>
<th>GP/GS</th>
<th>G</th>
<th>A</th>
<th>Pts</th>
<th>GB</th>
<th>CT</th>
<th>Dr</th>
</tr>
</thead>
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<tr>
<td>2009-Fr.</td>
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<td>3</td>
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<td>16</td>
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<td>15</td>
<td>2</td>
<td>17</td>
<td>11</td>
<td>11</td>
<td>22</td>
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<td>2011-Jr.</td>
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<td>21</td>
<td>11</td>
<td>20</td>
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<td><strong>8</strong></td>
<td><strong>62</strong></td>
<td><strong>45</strong></td>
<td><strong>28</strong></td>
<td><strong>58</strong></td>
</tr>
</tbody>
</table>

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**#18 Ariel Lane**

Sr. Attacker  
Vero Beach, Fla.  
*Major: Nursing*

- CAA All-Tournament Team 2011  
- CAA Commissioner’s Academic Award two years  
- Two-time U.S. Lacrosse All-America at three-time state champion Vero Beach H.S.  
- *Vero Beach Press Journal* Player of the Year  
- Played with Team Stickbenders and Team FLC club teams

“My favorite place to eat on campus is Mrs. Green’s, because it’s all you can eat and they have the best cookies!”

<table>
<thead>
<tr>
<th>Year</th>
<th>GP/GS</th>
<th>G</th>
<th>A</th>
<th>Pts</th>
<th>GB</th>
<th>CT</th>
<th>Dr</th>
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<td>20-19</td>
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<td>7</td>
<td>48</td>
<td>11</td>
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<td>12</td>
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<tr>
<td>2011-Jr.</td>
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<td><strong>78</strong></td>
<td><strong>16</strong></td>
<td><strong>94</strong></td>
<td><strong>25</strong></td>
<td><strong>11</strong></td>
<td><strong>41</strong></td>
</tr>
</tbody>
</table>

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**#6 Caitlin McHugh**

Sr. Midfielder  
Westminster, Md.  
*Major: Health sciences (health studies)*

- IWLCA Academic Honor Roll 2011  
- CAA Commissioner’s Academic Award three years  
- Team leader in goals and assists two years at Mercy H.S.  
- Played two years on Mid-Atlantic III at USWLA National Tournament  
- Rome club team member for six years

“The best part of winning the CAA championship was sharing that moment with my teammates and realizing that all of our hard work finally paid off.”

<table>
<thead>
<tr>
<th>Year</th>
<th>GP/GS</th>
<th>G</th>
<th>A</th>
<th>Pts</th>
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<td>5</td>
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<td>2010-So.</td>
<td>20-17</td>
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<td>0</td>
<td>18</td>
<td>12</td>
<td>8</td>
<td>32</td>
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<tr>
<td>2011-Jr.</td>
<td>19-19</td>
<td>20</td>
<td>7</td>
<td>27</td>
<td>20</td>
<td>13</td>
<td>23</td>
</tr>
<tr>
<td><strong>Totals</strong></td>
<td><strong>54-38</strong></td>
<td><strong>44</strong></td>
<td><strong>7</strong></td>
<td><strong>51</strong></td>
<td><strong>38</strong></td>
<td><strong>28</strong></td>
<td><strong>60</strong></td>
</tr>
</tbody>
</table>
ATHLETES

#13 Alex Napoli
Sr. Attacker
Highland, Md.
Major: Health science (health studies)
Minor: Medical Spanish
- CAA Commissioner’s Academic Award two years
- Three-time All-Howard County at River Hill H.S.
- Scored 108 career goals
- Member of M&D club team that won Vail and Charm City tournaments

“The best non-lacrosse thing about JMU is knowing that JMU is where I would have chosen to go with or without lacrosse. Everyone who goes to JMU bleeds purple through and through and that’s awesome!”

<table>
<thead>
<tr>
<th>Career</th>
<th>GP-GS</th>
<th>G</th>
<th>A</th>
<th>Pts</th>
<th>GB</th>
<th>CT</th>
<th>Dr</th>
</tr>
</thead>
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<td>3-0</td>
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<td>0</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>2010-So.</td>
<td>15-0</td>
<td>10</td>
<td>4</td>
<td>14</td>
<td>3</td>
<td>1</td>
<td>3</td>
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<tr>
<td>2011-Jr.</td>
<td>10-0</td>
<td>3</td>
<td>0</td>
<td>3</td>
<td>4</td>
<td>1</td>
<td>1</td>
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<tr>
<td>Totals</td>
<td>28-0</td>
<td>13</td>
<td>4</td>
<td>17</td>
<td>8</td>
<td>2</td>
<td>5</td>
</tr>
</tbody>
</table>

#25 Monica Zabel
Sr. Attacker
Ellicott City, Md.
Major: International affairs
Minor: Spanish
- CAA assist leader 2011
- CAA Commissioner’s Academic Award
- All-Metro Baltimore Sun and All-Metro Washington Post at Mt. Hebron H.S.
- Member of three state champion teams at Mt. Hebron
- M&D club team member for six years

“The best non-lacrosse thing about JMU is the Quad and the JMU atmosphere. I have never met a mean person at JMU. Everyone is always so friendly, and I love the fact that it is contagious!”

<table>
<thead>
<tr>
<th>Career</th>
<th>GP-GS</th>
<th>G</th>
<th>A</th>
<th>Pts</th>
<th>GB</th>
<th>CT</th>
<th>Dr</th>
</tr>
</thead>
<tbody>
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<td>2009-Fr.</td>
<td>16-15</td>
<td>13</td>
<td>12</td>
<td>25</td>
<td>18</td>
<td>14</td>
<td>39</td>
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<tr>
<td>2010-So.</td>
<td>20-20</td>
<td>15</td>
<td>33</td>
<td>48</td>
<td>21</td>
<td>7</td>
<td>31</td>
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<tr>
<td>2011-Jr.</td>
<td>19-19</td>
<td>21</td>
<td>27</td>
<td>48</td>
<td>24</td>
<td>11</td>
<td>29</td>
</tr>
<tr>
<td>Totals</td>
<td>55-54</td>
<td>49</td>
<td>72</td>
<td>121</td>
<td>63</td>
<td>32</td>
<td>99</td>
</tr>
</tbody>
</table>

#7 Casey Ancarrow
Redshirt Jr. Attacker
Jarrettsville, Md.
Major: Justice studies (social justice, global justice)
Minor: Religion
- U.S. National Team 2010-11 & 2011-12
- IWLCA All-America 2011
- Tewaaraton Trophy nominee 2011
- Two-time All-America at nationally top-ranked John Carroll H.S.
- Regional All-Tewaaraton Team (Baltimore-Washington area)
- John Carroll won IAAM conference championships two years

“My favorite memory from our NCAA Tournament appearances was beating Stanford to make it to the Elite Eight in 2010.”

<table>
<thead>
<tr>
<th>Career</th>
<th>GP-GS</th>
<th>G</th>
<th>A</th>
<th>Pts</th>
<th>GB</th>
<th>CT</th>
<th>Dr</th>
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<td>2</td>
<td>12</td>
<td>5</td>
<td>2</td>
<td>6</td>
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<tr>
<td>2010-Fr.</td>
<td>20-20</td>
<td>31</td>
<td>22</td>
<td>53</td>
<td>14</td>
<td>7</td>
<td>26</td>
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<tr>
<td>2011-So.</td>
<td>19-19</td>
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<td>16</td>
<td>59</td>
<td>24</td>
<td>8</td>
<td>22</td>
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<td>40</td>
<td>124</td>
<td>43</td>
<td>17</td>
<td>54</td>
</tr>
</tbody>
</table>
ATHLETES

#20 Alisa Konishi

Redshirt Jr. Goalkeeper
Littleton, Colo.

Major: Communication science and disorders
Minor: Exceptional education (non-teaching)

- IWLCA Academic Honor Roll 2011
- CAA Commissioner’s Academic Award two years
- U.S. Lacrosse All-America at J.K. Mullen H.S.
- Honors graduate
- Her Team 180 club team won under-17 championship at Vail Shootout

“My favorite place to eat on campus is Festival, because of the beautiful view of the valley from the dining area.”

<table>
<thead>
<tr>
<th>Career</th>
<th>GP-GS</th>
<th>Min</th>
<th>Sv</th>
<th>GA</th>
<th>GAA</th>
<th>Sv Pct</th>
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<tr>
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<td>6</td>
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<td>12.63</td>
<td>.316</td>
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<tr>
<td>2011-So.-r</td>
<td>8-0</td>
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<td>8</td>
<td>4.23</td>
<td>.500</td>
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<td>14</td>
<td>21</td>
<td>7.19</td>
<td>.400</td>
<td>6</td>
</tr>
</tbody>
</table>

#22 Rebecca McLouth

Redshirt Jr. Midfielder
Cincinnati, Ohio

Major: Sport and recreation management
Minor: Business

- Two-time All-America at Sycamore H.S.
- Team leader in goals (70) her senior season
- Rome club team member for six years

“The best non-lacrosse thing about JMU is you can be involved in many different things and you can have many different groups of friends. It’s technically a large school but it feels like our own little world in a bubble.”

<table>
<thead>
<tr>
<th>Career</th>
<th>GP-GS</th>
<th>G</th>
<th>A</th>
<th>Pts</th>
<th>GB</th>
<th>CT</th>
<th>Dr</th>
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<td>2010-Fr.-r</td>
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<td>8</td>
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<td>2</td>
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<tr>
<td>2011-So.</td>
<td>19-0</td>
<td>10</td>
<td>0</td>
<td>10</td>
<td>4</td>
<td>3</td>
<td>8</td>
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<td>16</td>
<td>2</td>
<td>18</td>
<td>9</td>
<td>5</td>
<td>10</td>
</tr>
</tbody>
</table>

#17 Kelsey MacDonald

Jr. Midfielder
Glyndon, Md.

Major: International affairs

- CAA All-Rookie Team 2010
- All-America honorable mention at Bryn Mawr H.S.
- Selected for Mid-Atlantic team for US Lacrosse National Tournament two years
- Played with TLC club

“My favorite memory from our NCAA Tournament appearances was being able to play against the best players in the country and staying at school after the semester classes had ended.”

<table>
<thead>
<tr>
<th>Career</th>
<th>GP-GS</th>
<th>G</th>
<th>A</th>
<th>Pts</th>
<th>GB</th>
<th>CT</th>
<th>Dr</th>
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<td>2010-Fr.</td>
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<td>2011-So.</td>
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<td>4</td>
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<td>0</td>
<td>4</td>
<td>16</td>
<td>11</td>
<td>10</td>
</tr>
</tbody>
</table>
#16 Amanda Mathews
Jr. Defender
Elicott City, Md.
Major: Kinesiology (exercise science)
• Two-time first team All-Howard County at regional champion Centennial H.S.
• Member of M&D club team that won Galaxy League tournament
“The best non-lacrosse thing about JMU is how pretty our campus always looks. It reminds me every day why I chose JMU.”

<table>
<thead>
<tr>
<th>Career</th>
<th>GP-GS</th>
<th>G</th>
<th>A</th>
<th>Pts</th>
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<td>0</td>
<td>0</td>
<td>20</td>
<td>13</td>
<td>11</td>
</tr>
</tbody>
</table>

#31 Nicole Stiles
Jr. Defender
Mooresville, N.C.
• All-Western Conference at Lake Norman H.S.
• Formerly a three-year player at John Jay H.S. (South Salem, N.Y.)
“My favorite place to eat on campus is E-Hall because I can never eat just one thing, and E-Hall satisfies my need for a variety of different flavors. YUMMYYY!”

<table>
<thead>
<tr>
<th>Career</th>
<th>GP-GS</th>
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#14 Megan Piotrowicz
Redshirt So. Attacker
Plymouth Meeting, Pa.
Major: Communication studies (interpersonal communication)
Minor: Coaching
• CAA All-Rookie Team 2011
• Three-time All-Suburban One League at Plymouth Whitemarsh H.S.
• Team scoring leader three seasons with career totals of 209 goals and 50 assists
• Played with Phantastix Elite club
“The coolest place I have ever traveled to is the Colorado River in the Grand Canyon. My family went whitewater rafting down the river, and it was an amazing sight to see.”

<table>
<thead>
<tr>
<th>Career</th>
<th>GP-GS</th>
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</table>
#17 Meghan Eshleman  
So. Attacker  
Arnold, Md.  
- Three-time all-county at two-time East Region state finalist Broadneck H.S.  
- Played with Maryland United and CClax Black clubs  
“The best non-lacrosse thing about JMU is everyone is really nice, so I was able to make friends outside of my team.”

<table>
<thead>
<tr>
<th>Career</th>
<th>GP-GS</th>
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#27 Julianne Giles  
So. Attacker  
Ellicott City, Md.  
**Major:** Psychology  
- All-America at state champion Mt. Hebron H.S.  
- Played for M&D Black club team  
“My favorite memory of our NCAA Tournament appearances was the pre-game locker room dance parties.”

<table>
<thead>
<tr>
<th>Career</th>
<th>GP-GS</th>
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#4 Abby Hendrix  
So. Defender, Midfielder  
Charlottesville, Va.  
**Major:** Hospitality management  
- All-Region and all-county at Albemarle H.S.  
- District Player of the Year on Albemarle’s state champion volleyball team  
“My favorite memory about our NCAA Tournament appearances was how much closer we came together as a team. With an entire week to just hang out and practice together, we all became a lot closer, and I felt like we grew as a team.”
ATHLETES

#21 Leah Perrotta
So. Defender
Forest Hills, Md.
Major: Public health education
• CAA Commissioner’s Academic Award
• Three-time all-county at state champion Fallston H.S.
• Played for North East Maryland Select club team
“My favorite memory from our NCAA Tournament appearances was singing the national anthem as a team before the Princeton game because the sound system wasn’t working.”

<table>
<thead>
<tr>
<th>Career</th>
<th>GP-GS</th>
<th>G</th>
<th>A</th>
<th>Pts</th>
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#33 Shelby Robinson
So. Midfielder
Midlothian, Va.
Major: Marketing
• Member of LIS state champion team at Collegiate H.S.
• Played for Geronimo club
“My favorite place to eat on campus is Festival because I can have a burger and a crepe in one sitting.”

<table>
<thead>
<tr>
<th>Career</th>
<th>GP-GS</th>
<th>G</th>
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#26 Amy Roguski
So. Midfielder
Sykesville, Md.
Major: Early childhood education
• Three-time all-county at three-time county champion Liberty H.S.
• Played for Hero’s club team
“My favorite place to eat on campus is E-Hall because of the gourmet food that they serve.”

<table>
<thead>
<tr>
<th>Career</th>
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</table>
#23 Mary Jane Toohey
So. Defender
Lutherville, Md.
- Played at two-time IAAM “A” state champion McDonogh H.S.
- Played for M&D club team that won national championship
“The best part of winning the CAA championship was watching the seniors end their four years at JMU with an incredible amount of pride and sense of accomplishment.”

<table>
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#28 Emily Rhoads
Redshirt Fr. Midfielder
Alexandria, Va.
Major: Communications
- All-America at two-time league champion St. Stephens & St. Agnes H.S.
- Played for Metro D.C. Team in National Schoolgirls Tournament
“If I could have any super power it would be being able to go from one place to another instantly.”

#19 Kaci Starkloff
Redshirt Fr. Midfielder
Bel Air, Md.
Major: Physical and health education teacher education
- Three-time all-county at Bel Air H.S.
- Played for North East Maryland Select club
“My favorite memory from our NCAA Tournament appearance was it was the best feeling besides winning the CAA championship. The excitement for being in the tournament was amazing, and I can’t wait to experience it again.”

<table>
<thead>
<tr>
<th>Career</th>
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<th>G</th>
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#32 Lexi Cross
Fr. Defender
Marriottsville, Md.
Major: Interdisciplinary liberal studies
• Three-time all-conference and all-county at region semifinalist Liberty H.S.
• Played for Check-Hers Elite club that won national championship
“The accomplishment of which I am proudest is being invited to try out for the U.S. Under-19 National Team.”

#11 Ali Curwin
Fr. Midfielder
Pittsford, N.Y.
Major: Early childhood education
• All-America at state runner-up Pittsford Sutherland H.S.
• Played for Relentless Hustle club
• Member of two silver-medalist teams at Empire State Games
“I chose to come to JMU because of the atmosphere, the people and the beauty.”

#3 Steph Finley
Fr. Midfielder
Media, Pa.
• Three-time all-conference at conference playoff participant Sacred Heart School
• Played for Phantastix Purple club
“My favorite lacrosse memory was scoring the winning goal for my high school team when we beat the number one team in overtime.”
#30 Schylar Healy
Fr. Goalkeeper
Eldersburg, Md.
• Three-time all-conference and all-county at region semifinalist Liberty H.S.
• Won All-Galaxy honors playing for M&D Black club
“I chose to come to JMU because I loved the enthusiasm the coaches and players all have for the game. JMU was the all-round perfect fit, both academically and lacrosse-wise, for me!”

#29 Hannah Verschoore
Fr. Defender
Bel Air, Md.
• Three-year starter for IAAM champion John Carroll H.S.
• Played for Skywalkers 2011 Blue club
• National Schoolgirls Tournament two years
“The best piece of advice I’ve received is the three-second rule. If you mess up, think about it for three seconds and then forget about it and move on.”

#15 Jordan Wilkins
Fr. Midfielder
Finksburg, Md.
Major: Psychology
• All-state at two-time state runner-up Westminster H.S.
• Played for national champion Check-Hers club
“My favorite lacrosse memory was winning club national and having fun with my team.”
<table>
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<tr>
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</table>

*played for John Jay High School in South Salem, N.Y., from 2006-08
The 2004 CAA champion team was ranked No. 5 in the country. Kim Griffin (2006-10) played on the 2007 and 2008 teams that were ranked as high as No. 5 in the country.

Among the Nation’s Elite

- In the national rankings annually for the last 25 years
- Program high of No. 2 in 1999 and 2000
- Top 10 Final National Rank 11 of the Last 18 Seasons
- Top 10 National Rank 15 of the Last 18 Seasons

The 1999 team achieved the highest rank in school history at the time -- No. 2. The Dukes won the CAA title and played in the NCAA Tournament.

JMU fans can count on seeing one of the nation’s best teams when the Dukes take the field.

The 2004 CAA champion team was ranked No. 5 in the country.

Kelly Berger (center) and the 2007 team achieved a No. 5 national ranking under Coach Shelley Klaes-Bawcombe.

Among the Nation’s Elite

- In the national rankings annually for the last 25 years
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The 1999 team achieved the highest rank in school history at the time -- No. 2. The Dukes won the CAA title and played in the NCAA Tournament.
27 Dukes have been named to a national team

Dee McDonough ’75

• U.S. Squad 1974, 1975
• SAC Coach of the Year 1991
• Diane Geppi-Aikens Lifetime Achievement Award 2004 (award was presented by the Intercollegiate Women’s Lacrosse Coaches Association and honored her work in the sport, which included establishing the first national collegiate championship in 1975, helping form the IWLCA in the early 1980’s, serving two terms as IWLCA president, creating a national poll, serving on the board of directors of The Lacrosse Foundation and chairing the USWLA committee to select the U.S. Lacrosse Squad)
• JMU Athletics Hall of Fame 1993

Nora Maguire ’92

• U.S. Under-23 Team 1991
• U.S. Squad 1989, 1990, 1992
• All-America 1990, 1991, 1992
• CAA Player of the Year 1992
• SAC Player of the Year 1991
• All-CAA 1992
• All-SAC 1990, 1991
• School record for assists in a game (9)
• JMU Athletics Hall of Fame 2008

Julianne Hull Elicker ’78

• U.S. National Team 1979-86
• U.S. World Cup champion team 1984
• Co-captain, U.S. World Cup silver-medalist team 1986
• JMU Athletics Hall of Fame 2000

Kelly Berger ’07

• U.S. Senior Team, 2010-12
• U.S. Touring Team, Prague Cup 2008
• U.S. Elite Team 2006, 2007
• U.S. Developmental Team 2005
• Tewaaraton Trophy nominee 2007
• All-America 2006, 2007
• All-South 2005, 2006, 2007
• All-CAA 2005, 2006, 2007
• CAA Player of the Year 2006
• CAA Tournament MVP 2006
• CAA 25th Anniversary Team

2005
Canada World Cup
Team members (left to right)
Troyhann Santos ’93 (Canada National Team 1997-2005), former JMU assistant coach Susan Stewart, Brooke McKenzie ’06, Jessica Brownridge ’05
Megan Riley ’99
- U.S. Developmental Team 1998
- U.S. Squad 1999
- CAA Player of the Year 1999
- CAA Tournament MVP 1999
- CAA Rookie of the Year 1996
- All-CAA 1997, 1998, 1999
- School records for season (41) and career (109) assists
- JMU Athletics Hall of Fame 2011
- CAA 25th Anniversary Team

Lisa Staedt ’03
- U.S. Elite Team 2006
- Tewaaraton Trophy finalist 2003, nominee 2002
- CAA Player of the Year 2002, 2003
- CAA Tournament MVP 2003
- School records for season (76) and career (187) ground balls
- CAA 25th Anniversary Team

Johanna Buchholz ’05
- U.S. Developmental Team 2004, 2005
- Two NCAA Tournament appearances 2003, 2004
- Aimee Willard Award 2004 (top collegiate player at USWLA tournament)

Amy Altig ’05
- U.S. Senior Team, 2010-12
- U.S. Touring Team, Prague Cup 2008
- U.S. Elite Team 2007
- All-CAA 2003, 2004

Jess Marion ’00
- U.S. Developmental Team 1998
- U.S. Squad 1999
- IWLCA National Midfielder of the Year 2000
- All-South 1998, 1999, 2000
- CAA Player of the Year 2000
- All-CAA 1999, 2000
- Shares school season record for draw controls (55)
- CAA 25th Anniversary Team

Others include Kathy Altemus ’90 • Casey Ancarrow ’13 • Amy Brew ’00 (pictured on page 25) • Diane Buch ’88 • Johanna Buchholz ’05 • Rosheen Campbell ’94 (pictured on page 23) • Carolyn Carr ’95 (pictured on page 23) • Traci Davis ’79 • Natasha Fuchs ’08 • Kim Griffin ’09 • Diane Hallowell ’94 (pictured on page 23) • Danylle Heffernan ’95 • Lucy Lynch ’08 • Heidi Rogers ’82 • Tracy Schnappinger ’89 • Kim Stark ’88 • Julie Weiss ’00 (pictured on page 24)
ALL-AMERICAS

Dukes have earned All-America honors 51 times

Jessica Beard ‘04
- All-America 2004
- Womenslacrosse.com Defender of the Year 2004
- All-South 2003, 2004
- CAA Defender of the Year 2003
- CAA Tournament MVP 2004
- All-CAA 2003, 2004

Kylee Dardine ‘07
- All-America 2006
- All-South 2006, 2007
- CAA Defender of the Year 2006, 2007
- All-CAA 2006, 2007

Gail Decker ‘04
- All-America 2003, 2004
- Academic All-America 2004
- Tewaaraton Trophy finalist 2004, nominee 2003
- Honda Award finalist 2004
- Collegiate Women Sports Award finalist 2004
- CSTV Diane Geppi-Aikens Scholarship finalist 2004
- All-South 2003, 2004
- CAA Player of the Year 2004
- All-CAA 2002, 2003, 2004
- School records for goals in a game (8), season (81) and career (201), points in a season (112) and career (267), career draw controls (164)
- CAA 25th Anniversary Team

Ashlee Dardine ‘05
- All-America 2005
- Tewaaraton Trophy watch list 2005
- All-South 2004, 2005
- All-CAA 2003, 2004, 2005
- Two NCAA Tournament appearances 2003, 2004
- Shares school record for season draw controls (55)
- CAA 25th Anniversary Team

Carolyn Carr ’95
- U.S. Squad 1994
- U.S. Developmental Team 1995
- All-America 1995
- All-South 1994, 1995
- All-CAA 1993, 1994, 1995

Rosheen Campbell ’94
- U.S. Squad 1991, 1992
- All-America 1992
- All-CAA 1992
- All-SAC 1991

Kelly Berger
- All-America 1993, 1994
- All-South 1993, 1994
- All-CAA 1993, 1994

Carolyn Carr
- U.S. Squad 1994
- All-America 1995
- All-South 1994, 1995
- All-CAA 1993, 1994, 1995

Alivian Coates
- U.S. Squad 1993, 1994
- All-America 1993, 1994
- All-South 1993, 1994
- All-CAA 1993, 1994

Gail Decker
- All-America 1993, 1994
- All-South 1993, 1994
- All-CAA 1993, 1994

Shelley Klaes
- All-America 1993, 1994
- All-South 1993, 1994
- All-CAA 1993, 1994

Nora Maguire
- All-America 1993, 1994
- All-South 1993, 1994
- All-CAA 1993, 1994

Jess Marion
- All-America 1993, 1994
- All-South 1993, 1994
- All-CAA 1993, 1994

Megan Riley (2x)
- All-America 1993, 1994
- All-South 1993, 1994
- All-CAA 1993, 1994

Lisa Staedt
- All-America 1993, 1994
- All-South 1993, 1994
- All-CAA 1993, 1994

Jen Gicking
- All-America 1995, 1996
- All-CAA 1995, 1996
Alivian Coates

- All-America 1999, 2000
- All-South 1999, 2000
- All-CAA 1999, 2000
- CAA 25th Anniversary Team

Julie Martinez

- All-America 1998, 2000
- All-South 1998, 2000

Jen Ulehla

- NCAA Tournament semifinals 2000
- CAA Coach of the Year 1995, 2000

Aimee Vaughan ’98

- Two NCAA Tournament appearances 1997, 1998
- School-record five NCAA Tournament appearances, including three in soccer
- All-America 1997
- All-South 1996
- All-CAA 1996, 1998
- JMU Athletics Hall of Fame 2011

Julie Weiss ’00

- U.S. Developmental Team 1998

JMU has qualified for the NCAA Tournament 11 times in the last 16 years
The Dukes have advanced to the quarterfinals seven times and the semifinals one time
JMU has more NCAA appearances than any other CAA team

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Shelley Klaes ‘97
• Four NCAA Tournament appearances 1995, 1997 (player), 2010, 2011 (coach)
• All-America 1996, 1997
• All-South 1996, 1997
• All-CAA 1996, 1997
• JMU Athletics Hall of Fame 2010

Amy Brew ‘00
• U.S. Developmental Team 1998
• All-America 1998, 1999, 2000
• All-South 1998, 1999, 2000
• All-CAA 1998, 1999, 2000
• CAA Rookie of the Year 1997

JMU’s 2000 NCAA Final Four Team
CAA Lacrosse

- Top four teams advance to CAA post-season tournament
- Champion receives an automatic bid to 16-team NCAA Tournament
- Multiple teams in NCAA tournament seven times in last 18 seasons

JMU in the CAA*

- Defensive Player of the Year 2003, 2006, 2007
- Rookie of the Year 1996, 1997, 2010
- 108 All-CAA selections
- 30 CAA All-Tournament team selections

*figures include the CAA’s predecessor, the SAC (1985-91)

Jen Corradini ‘01
• CAA Tournament MVP 2001
• School record for season saves (203)
• CAA Player of the Year 2007
• Tewaaraton Trophy watch list 2007, 2008
• Preseason All-America 2008
• All-South 2007

Annie Wagner ‘08
• CAA Tournament Most Outstanding Player 2006
• IWLCA All-America 2006
• All-South 2006
• All-CAA 2006
• Led NCAA in goals-against average 2006 (8.4)

Mary Kate Lomady ‘11
• CAA Tournament Most Outstanding Player 2011
• IWLCA All-America 2010
• IWLCA All-South 2010, 2011
• All-CAA 2010, 2011
• Tewaaraton Trophy watch list 2011
• CAA All-Tournament Team 2010, 2011

Morgan Kelly ‘10
• CAA Tournament Most Outstanding Player 2010
• IWLCA All-America 2010
• All-South 2010
• All-CAA 2010
• Led NCAA in goals-against average 2010 (8.2)

By the Numbers
- 12 member schools
- 8 states represented
- 5 of the nine largest television markets in the nation -- New York (1), Philadelphia (4), Boston (6), Washington, D.C. (8) and Atlanta (9)

JMU’s 2006 CAA Champion and NCAA quarterfinal team
Seven Dukes were among 25 players who were selected to the Colonial Athletic Association Silver Anniversary team in 2010.

**Kelly Berger ’07**
- U.S. Senior Team, 2010-12
- U.S. Touring Team, Prague Cup 2008
- U.S. Elite Team 2006, 2007
- U.S. Developmental Team 2005
- Tewaaraton Trophy nominee 2007
- All-America 2006, 2007
- All-South 2005, 2006, 2007
- CAA Player of the Year 2006
- CAA Tournament MVP 2006
- Two CAA Championships 2004, 2006
- Two NCAA Tournament appearances 2004, 2006

**Alivian Coates ’00**
- All-America 1999, 2000
- All-South 1999, 2000
- All-CAA 1999, 2000
- Two CAA Championships 2004, 2006

**Gail Decker ’04**
- All-America 2003, 2004
- Academic All-America 2004
- Tewaaraton Trophy finalist 2004, nominee 2003
- Honda Award finalist 2004
- Collegiate Women Sports Award finalist 2004
- CSTV Diane Geppi-Aikens Scholarship finalist 2004
- All-South 2003, 2004
- CAA Player of the Year 2004
- All-CAA 2002, 2003, 2004
- School records for goals in a game (8), season (81) and career (201), points in a season (112) and career (267), career draw controls (164)

**Ashlee Dardine ’05**
- All-America 2005
- Tewaaraton Trophy watch list 2005
- All-South 2004, 2005
- All-CAA 2003, 2004, 2005
- Shares school record for season draw controls (55)
- Two CAA Championships 2003, 2004
- Two NCAA Tournament appearances 2003, 2004
Jess Marion ’00
- U.S. Developmental Team 1998
- U.S. Squad 1999
- IWLCA National Midfielder of the Year 2000
- All-South 1998, 1999, 2000
- CAA Player of the Year 2000
- All-CAA 1999, 2000
- Shares school season record for draw controls (55)
- Two CAA Championships 2004, 2006

Megan Riley ’99
- U.S. Developmental Team 1998
- U.S. Squad 1999
- CAA Player of the Year 1999
- CAA Tournament MVP 1999
- CAA Rookie of the Year 1996
- All-CAA 1997, 1998, 1999
- School records for season (41) and career (109) assists
- Two CAA Championships 1997, 1999

Lisa Staedt ’03
- U.S. Elite Team 2006
- Tewaaraton Trophy finalist 2003, nominee 2002
- CAA Player of the Year 2002, 2003
- CAA Tournament MVP 2003
- School records for season (76) and career (187) ground balls
- Two CAA Championships 2001, 2003
JMU’s beautiful campus includes 111 major buildings on 712 acres. The original campus is built around the Quadrangle, where buildings are constructed of native blue limestone and have ivy coverings.

The University’s 19,000 students may choose from 109 degree programs in seven colleges -- College of Arts and Letters, College of Business, College of Education, College of Integrated Science and Technology, College of Science and Mathematics, College of Visual and Performing Arts, Graduate School.

JMU’s academic program combines the liberal arts tradition with preparation for technology in a rapidly changing world. All students receive a strong foundation of knowledge through a rigorous general education program.

- Female/Male Ratio: 60/40
- Student/Professor Ratio: 15/1
- Average Class Size: 29
THIS IS JMU
• U.S. News & World Report in its 2011 America’s Best Colleges guidebook ranked JMU first in the South among public universities for the 17th straight year.

• JMU is Virginia’s most-popular college or university, drawing applications from the greatest percentage of the state’s graduating high school seniors.

• Kiplinger’s Personal Finance in 2011 ranked JMU 19th nationally on its list of 100 best values in public colleges -- schools that offer a first-class education at a reasonable price.

• Yahoo! Internet Life included JMU on its 2001 listing of “The Nation’s 100 Most Wired Universities,” listing JMU 53rd among larger institutions.

• JMU was included in the 2002 edition of The Unofficial, Unbiased, Insider’s Guide to the 320 Most Interesting Colleges with one author saying “JMU is almost too perfect to be believed.”

• JMU has been described as “one of the best managed, most dynamic public universities in the nation” in The Guide to 101 of the Best Values in America’s Colleges and Universities.

• Bloomberg magazine in 2011 ranked JMU’s College of Business 11th nationally among business schools at public universities and 28th among all universities.

• JMU is among schools “that prove activism and community service are alive and well on campus,” says Mother Jones Magazine.

• JMU’s exemplary programs for first-year students are “cornerstones of the University’s strong commitment to student learning and success,” says The Temple Guide: Colleges That Encourage Character Development.

• JMU was recognized as one of the nation’s top 50 “Best Value” public universities in the 2010 Princeton Review “Best Value Colleges.” The list recognizes schools that provide high-quality academics at a reasonable price.”
Harrisonburg is convenient to the metropolitan areas of Washington, D.C., and Richmond while providing JMU students the comforts of the picturesque setting of Virginia’s Shenandoah Valley.

The city offers something for everyone. From downtown shopping and restaurants, to nearby national parks and forests, it provides JMU students the opportunity to sample many aspects of life.

Harrisonburg offers a learning environment that is very unique in today’s high-tech, educational world.
Robert & Frances Plecker Athletic Performance Center

- Named in honor of Robert & Frances Plecker
- A $10 million state-of-the-art athletic support facility
- 7,000-square foot strength and conditioning center with flat-screen televisions for individual instruction
- 5,000-square foot sports medicine facility
- Computer lab with more than 30 work stations
- Tutoring and small group meeting facilities
- JMU’s athletic hall of fame
- Student-athlete lounge
ACADEMIC ADVISING

- Located in the Plecker Athletic Performance Center
- Computer lab with more than 30 work stations
- Tutoring and small group meeting facilities
- Student-athlete lounge

Casey Carter
Associate Athletics Director for Student-Athlete Services
James Madison ’70

Jennifer Burkhart
Team Academic Advisor
James Madison ’06
• Developing athleticism and sports performance
• Seven training facilities encompassing more than 17,000 square feet
• Staff includes five full time professionals with certifications as strength and conditioning specialists

Justin Jones
Strength & Conditioning Coach
James Madison ’07

Donny Smith
Assistant Strength & Conditioning Coach
James Madison ’10
• Multi-skilled professionals use current research, educational knowledge, and state-of-the-art equipment and technology to provide a comprehensive and progressive approach to assure the holistic well-being of student-athletes
• Staff includes 20 board-certified and licensed athletic trainers
• Team physicians include Dr. Kent Diduch (board-certified in family practice physician) and orthopedic surgeon Dr. Mark Miller, a nationally renowned fellowship-trained orthopedist from the University of Virginia
• Local chiropractors, physical therapists, sport psychologists, nutritionists, and orthotists are available to assist in the health care needs of student-athletes
FACILITIES

BASEBALL
EAGLE FIELD AT VETERANS MEMORIAL PARK
(OPENED 2010)

FOOTBALL
BRIDGEFORTH STADIUM EXPANSION
(OPENED 2011)

GOLF
PRACTICE FACILITY (2010)

SOFTBALL
VETERANS MEMORIAL PARK
(OPENED 2010)

LACROSSE/SOCCER/TRACK & FIELD
UNIVERSITY PARK (COMPLETION DATE FALL 2012)
FACILITIES

UNIVERSITY PARK
FUTURE HOME OF JMU LACROSSE

MULTI-MILLION DOLLAR FACILITY FOR LACROSSE, SOCCER, TRACK AND FIELD
COMPLETION DATE 2012
STATE-OF-THE-ART SCOREBOARDS
NATURAL GRASS AND SYNTHETIC SURFACE PRACTICE FIELDS
Home Field & Capacity/Surface:
JMU Lacrosse Complex (1,860/grass)

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linnerkr@jmu.edu
Meg Dentler, (540) 568-6326
dentlemk@jmu.edu

Administrative Assistant
Michelle Carter, (540) 568-6692

Strength & Conditioning Coaches
Justin Jones, Donny Smith

Directions & Maps
A map of the JMU campus (including
a PDF printable map) is available at
www.jmu.edu/map. For directions visit
JMUSports.com and click on Facilities.

Credits:
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others